



# Mental-Physical Comorbidity Network

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# Network vision

The AHSN area will act as a beacon for NHS England in the achievement of fully integrated mental and physical care.

# How we will achieve our vision

- Map existing services
- Bring together experts in the AHSN area
- Review relevant evidence
- Pilot outcome measures
- Increase awareness of mental-physical comorbidity
- Create practical guidance for commissioners

# Map of existing services

## Phase 1 Mapping

- Liaison psychiatry & psychological medicine

## Phase 2 Mapping

- Mental health professionals in acute trusts
- Community psychological medicine services
- IAPT for patients with comorbidity
- Specialist services (cancer, women's)

**Collaborations: Services & MH professionals, SCNs & other AHSN best care programmes**

# Liaison Psychiatry & Psychological Medicine for Acute Trust Inpatients

Milton Keynes  
Hospital

- Mental Health Hospital Liaison Team provided by Central & North West London Foundation Trust

Royal Berkshire  
Hospital

- Psychological Medicine Service Older People's & Working Age Adult Teams provided by Berkshire Healthcare Foundation Trust

Frimley Health

- Older People's & Working Age Adults Psychological Medicine Services provided by Berkshire Healthcare Foundation Trust

Buckinghamshire  
Healthcare

- Psychiatric In-Reach Liaison Service provided by Oxford Health Foundation Trust

Oxford University  
Hospitals

- Integrated OUHT Psychological Medicine Service for inpatients
- EDPS provided by Oxford Health Foundation Trust

# Map of existing services

- Inpatient services all relatively new & developing
- Majority provided by mental health trusts & funded directly by CCGs
- Provider is usually accountable to funder (not acute trust clinicians, managers or patients)

# Bringing together experts

- Reference group
  - Commissioners, patients, clinicians
- Working group
  - Psychological medicine clinicians

# Review of relevant evidence

- Reviews of prevalence & treatment of mental-physical comorbidity
- Important questions generated by stakeholders
  - Prevalence of depression in medical inpatients
  - Use of CBT in medically ill





# Increasing awareness of mental-physical comorbidity

- 289 stakeholders from across the AHSN area
- Successful network launch & educational events
- 3 major events planned for
  - Obstetrics & gynaecology clinicians (8<sup>th</sup> September)
  - Oncology clinicians (1<sup>st</sup> October)
  - Physicians & GPs (January 2016)

# Guidance for commissioners

- Developed with commissioners, clinicians and patients
- Practical guide to developing and evaluating psychological medicine services

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