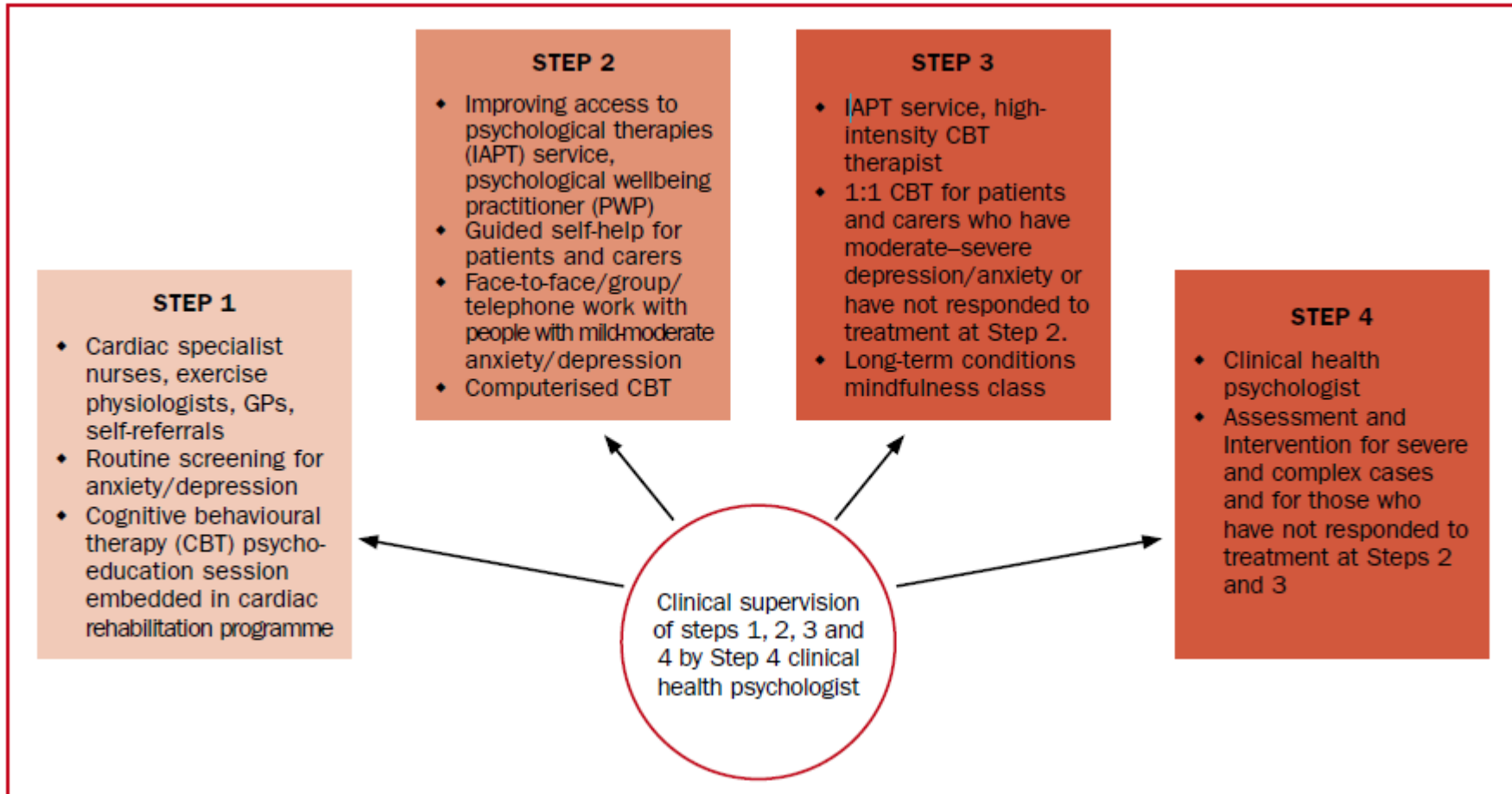
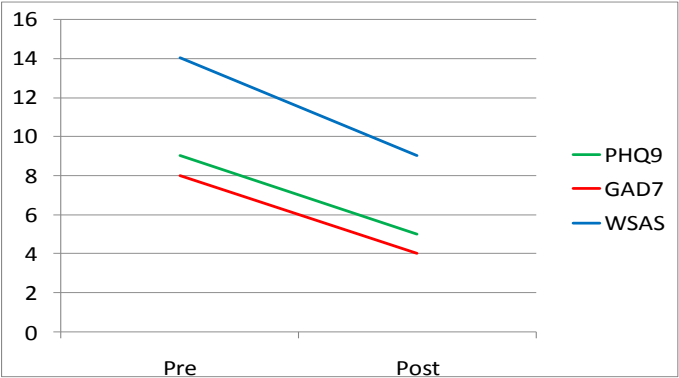


The Heart2Heart Stepped Care Model



Achievements

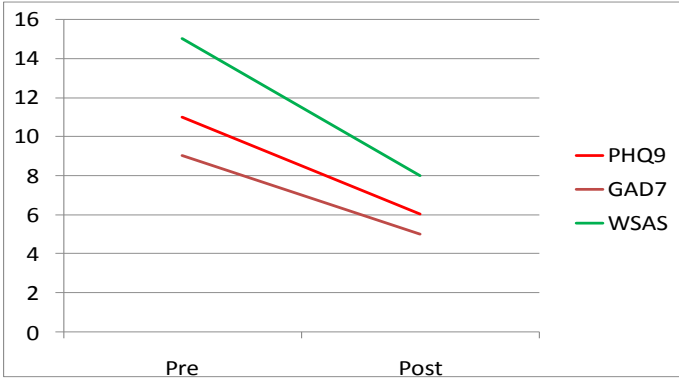
MI patients



MI patients: n = 67
Anxiety and depression
51% recovery rate
72 % reliable improvement rate

MI patients: Cost of ALL Hospital Visits (A&E, Inpatient and Outpatient)	
	REDUCTION IN COST PER PATIENT £
Treated group ie 2 or more sessions (N=34)	£4,793
Untreated group ie DNA or 1 session (N=29)	£2,814

Heart Failure patients



Heart Failure patients: n = 39
Anxiety and depression
39% recovery rate
62% reliable improvement rate

Heart Failure patients: Cost of ALL Hospital Visits (A&E, Inpatient and Outpatient)	
	REDUCTION IN COST PER PATIENT £
Treated group ie 2 or more sessions (N=23)	£1,635
Untreated group ie DNA or 1 session (N=3)	£302