

Innovation in person centred approaches

Supporting people to live gloriously ordinary lives

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The tyranny of person centred approaches

**Dear Serviceland,
If only there were
points for how many
times you say....**

PERSON-CENTERED

open
future
learning
.org



first question.....

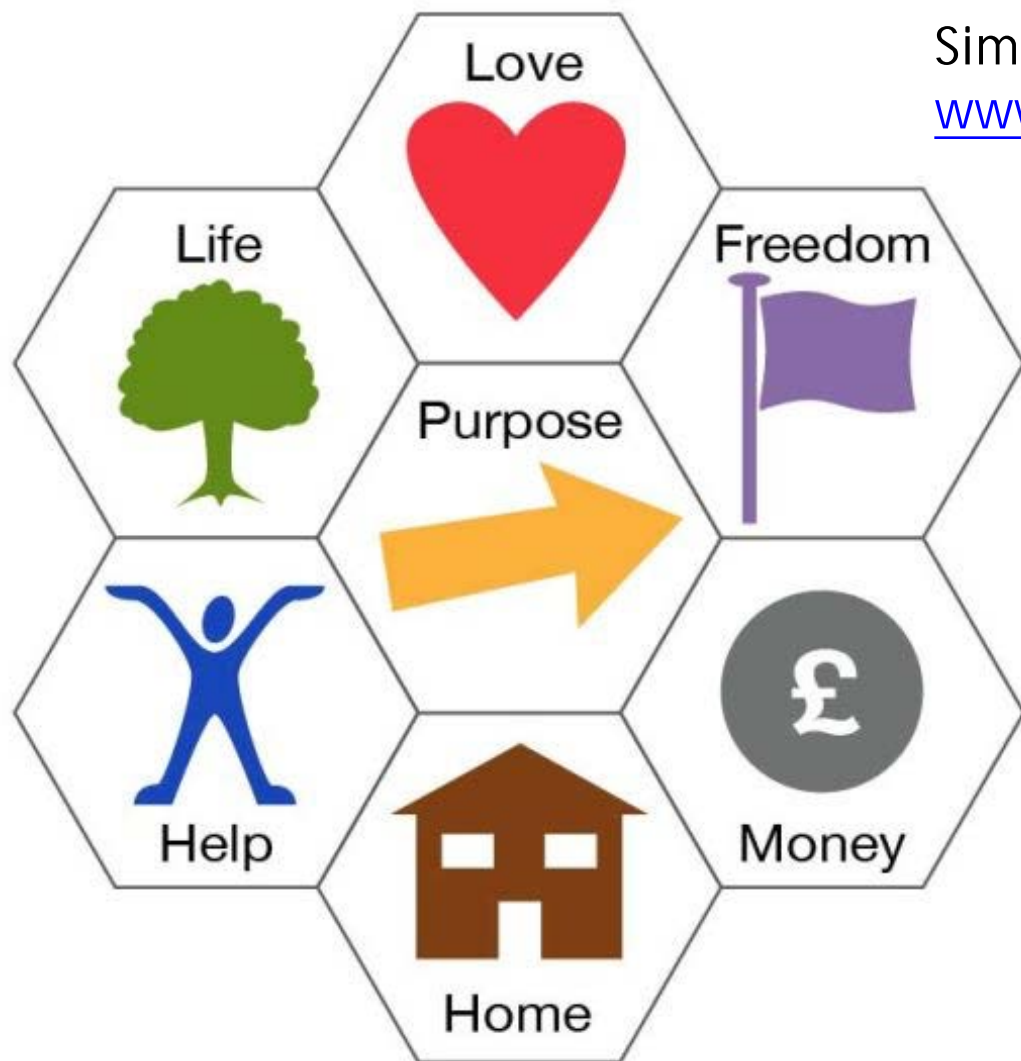


how do you judge
or measure how
good your life is?

For me.....

- my relationships with friends and loved ones
- how my kids lives are going
- the difference I am making at work
- living somewhere I love, feel safe and belong
- my sense of control, and of possibility - can I look forward with a smile?
- my quality of sleep and the 'pace' of my brain
- the strength of my wider network - a pub and a gym where I'm known (for starters)
- knowing that I've got a holiday to somewhere hot planned
- enough money in the bank not to worry about paying for the holiday

7 keys to citizenship..



Simon Duffy

www.centreforwelfareform.org

Measuring how good life is



<http://qualitycheckers.org.uk/home>



<https://www.changingourlives.org/best-practice>

Reach

<http://www.paradigm-uk.org>

Reach: Support for living an ordinary life

Your words have the power to hurt, to heal, open minds, open hearts and change the world.

Never forget the responsibility you have over the words you speak.

-Steven Aitchison





This poster (from around 1938) reads:

'60,000 Reichsmark is what this person suffering from a hereditary defect costs the People's community during his lifetime. Fellow citizen, that is your money too.'





respite

/'rɛspɪt, 'rɛspɪt/

noun

noun: **respite**

a short period of rest or relief from something difficult or unpleasant.

"the refugee encampments will provide some **respite from** the suffering"

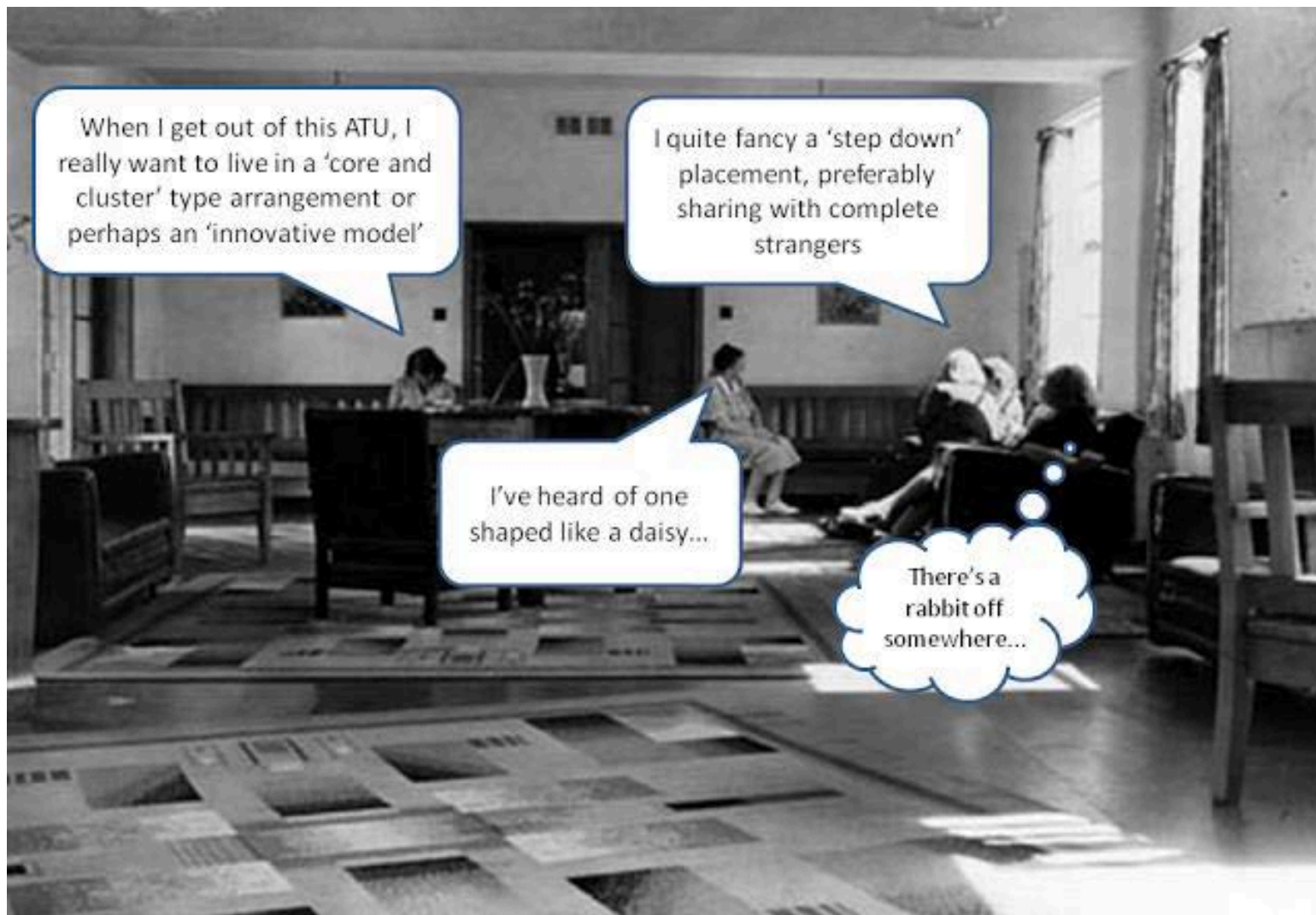
How would you like to be described?

In any given situation how would I like to be described?

1. Does my language reflect a genuine partnership - or imply a power imbalance?
2. Does my language speak to a person's gifts, strengths and assets - or focus on their deficits?
3. Does my use of language champion a person's citizenship – or accidentally diminish it?
4. Do I always need to go into details - or is it OK sometimes to be ambiguous?
5. Do I think very carefully of the handful of occasions a label might be of any use to the person?

Stephen Craig Coulson

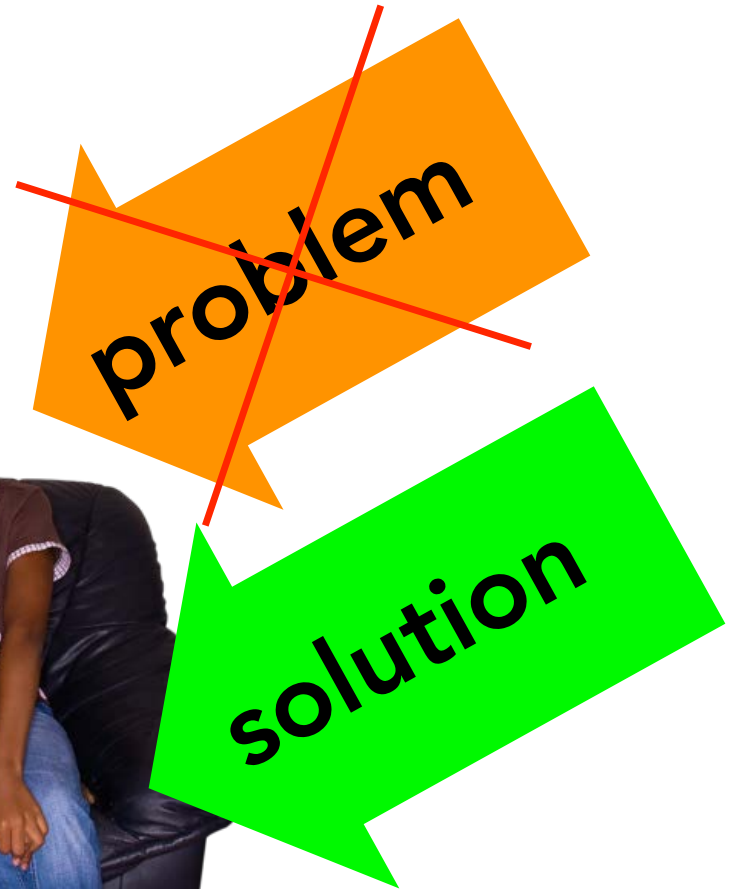
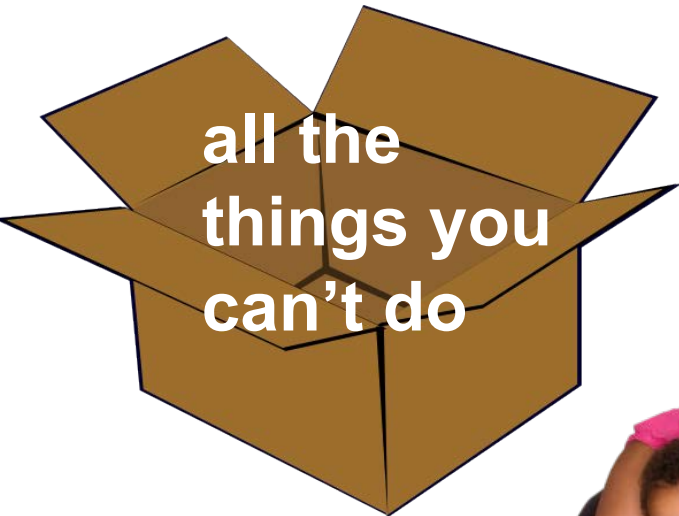
Thistle Foundation <https://www.thistle.org.uk>



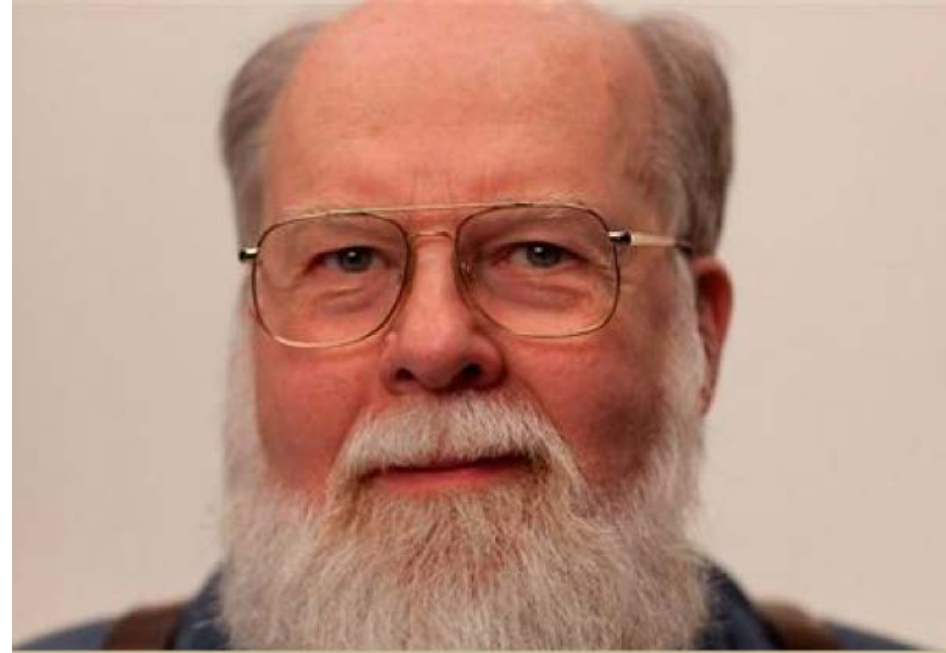
Tim Keilty

<http://talesfromserviceland.blogspot.com>

Changing the conversation we have with people...



In the words of a very wise man...



Search for capacities, seek
connections, be open to yes....

John O'Brien

The Oxfordshire County Council Shared Lives Scheme – what it is and why you need to know about it!



Ben, 18
Likes music,
skateboarding and
social networking



Peggy, 86
likes dancing,
chatting and
cream cakes



Hope, 51
likes cafés,
company
and karaoke



Luke, 32
likes clubbing,
photography
and lie-ins

Find out more at www.oxfordshire.gov.uk/sharedlives or tel: 01865897971

Shared Lives Plus is the national membership body for Shared Lives Schemes
www.sharedlivesplus.org.uk