

# Atrial Fibrillation Counselling Support Tool

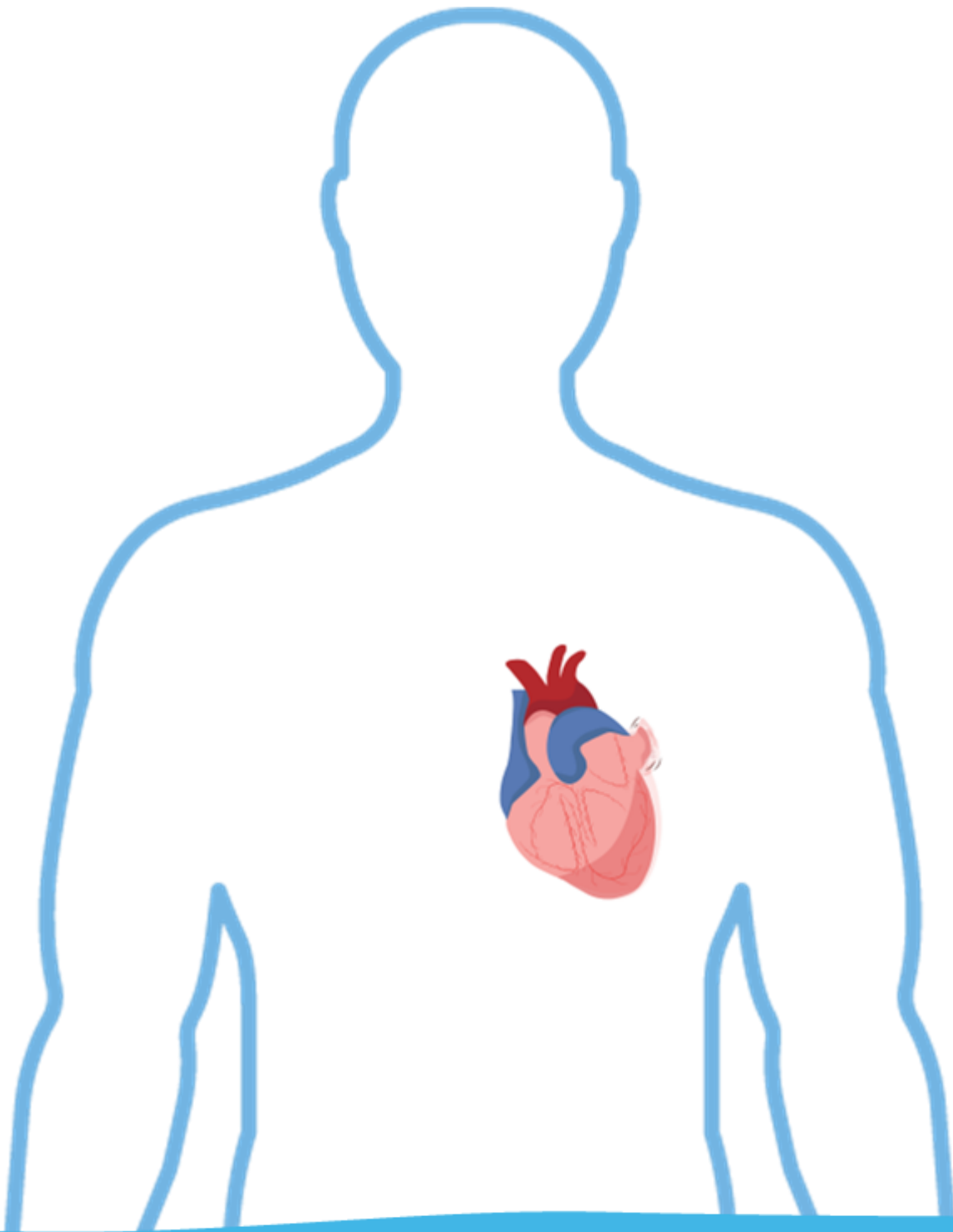
Apixaban 2.5mg



Your new tablet is  
**Apixaban 2.5mg**

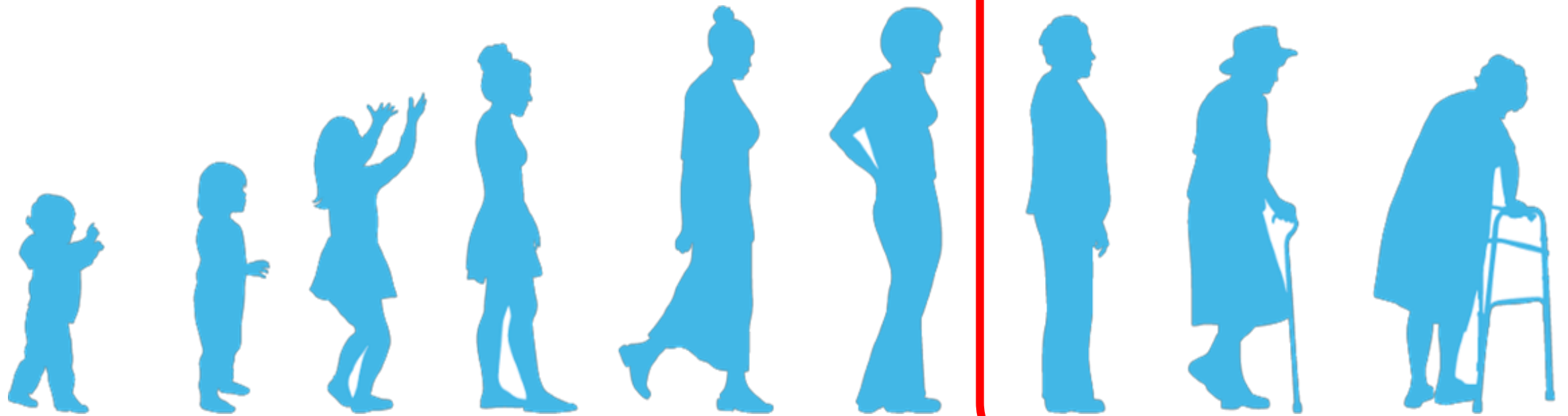
The brand name is  
**Eliquis**

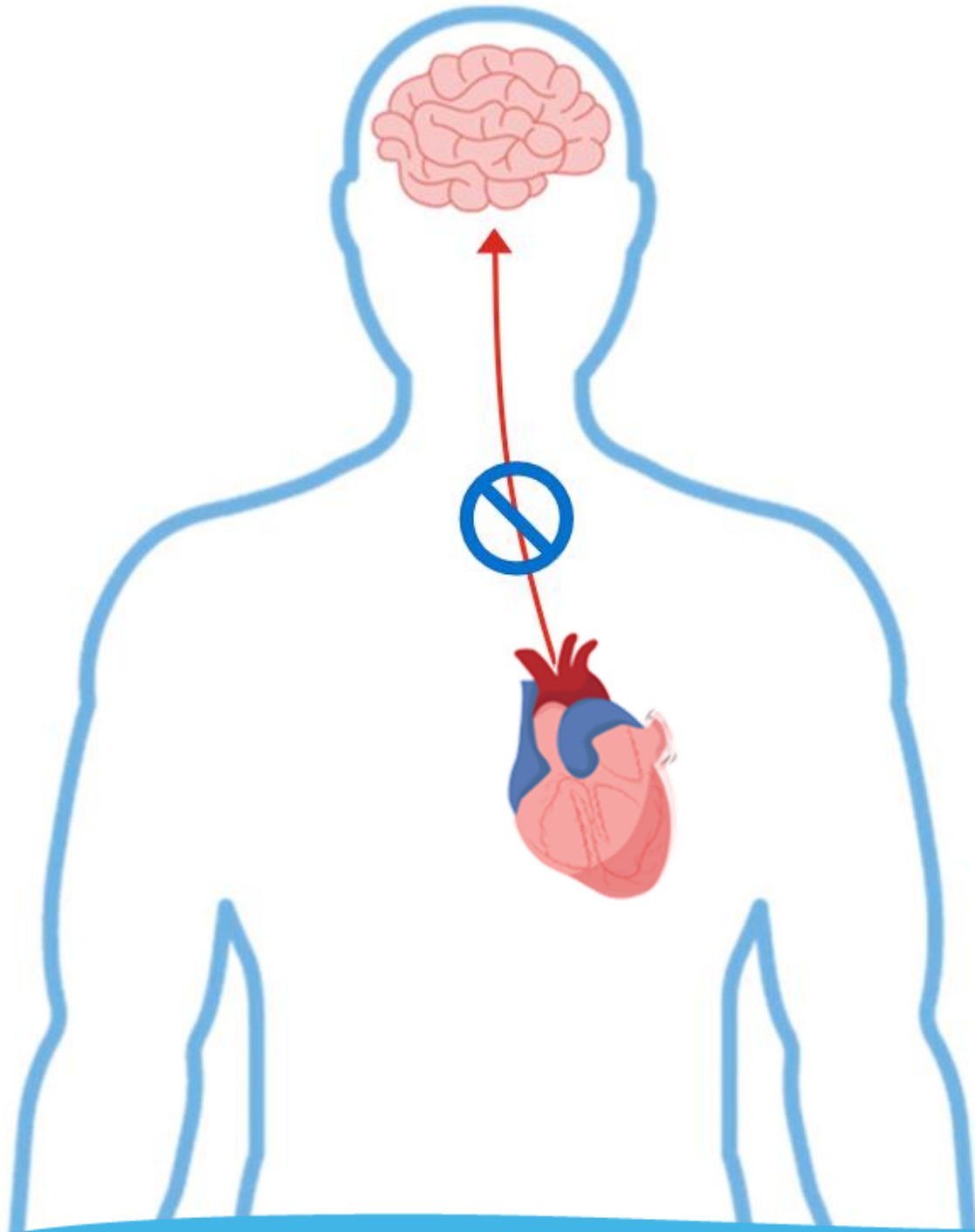




You have been  
prescribed  
**Apixaban 2.5mg**  
because you have  
**Atrial Fibrillation**  
- a type of irregular  
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





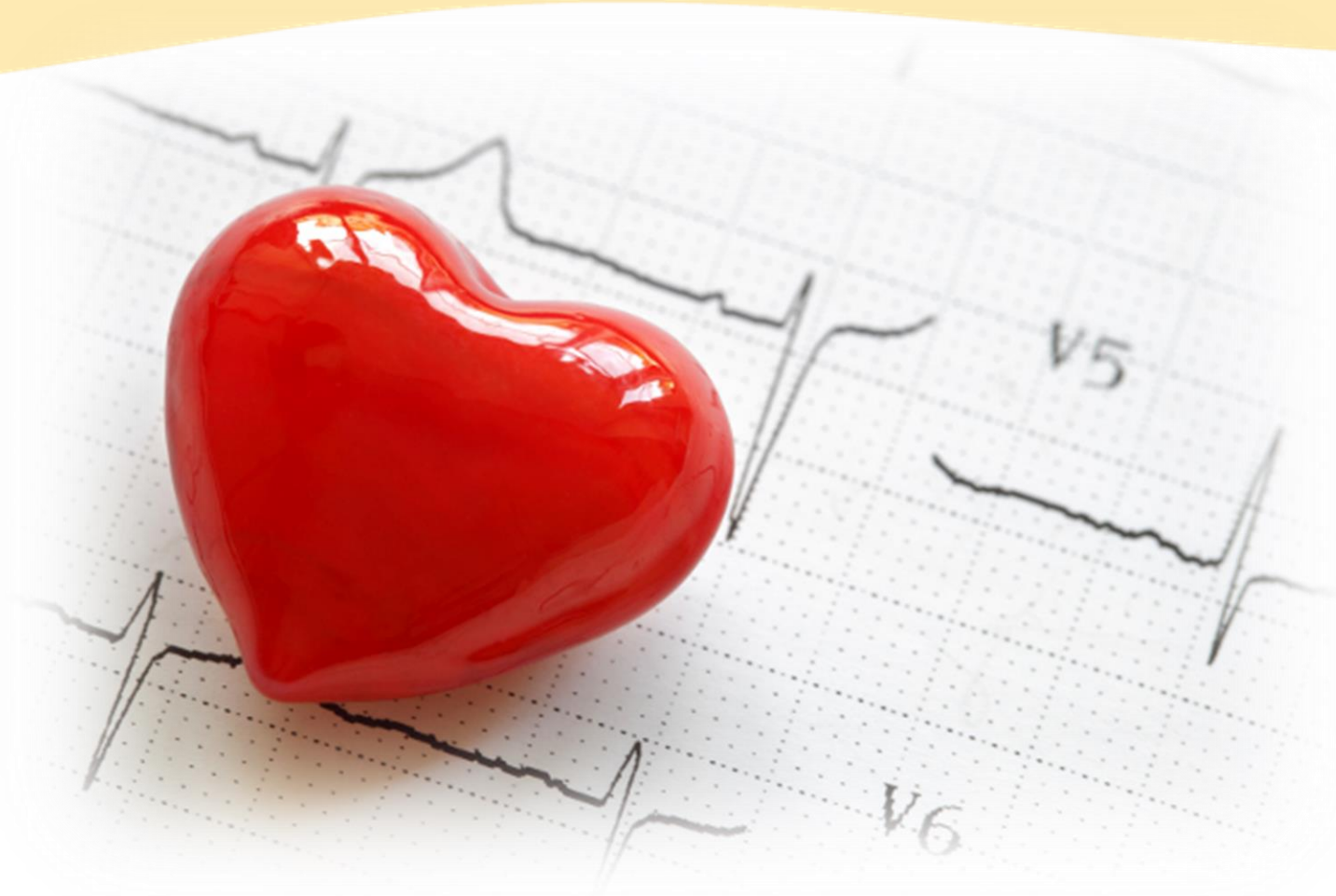
**Atrial fibrillation can  
cause blood clots**

**Blood clots can  
travel to the brain  
and cause a stroke**

**Apixaban stops  
most strokes  
caused by atrial  
fibrillation**



**Most people will take Apixaban  
for the rest of their lives**





**Your GP will do a  
blood test a few  
times a year**

**This is less often  
than with Warfarin**





**Take Apixaban  
twice a day**

**With OR  
without food**

**Never miss tablets**



**When will you take your Apixaban?**

**Apixaban is short  
lived in the body**

**Do not miss  
any tablets**





**Apixaban makes  
it take longer to  
stop bleeding**

If you notice any bleeding  
when you use the toilet or if  
your poo looks black (tarry)  
tell your doctor the same day.

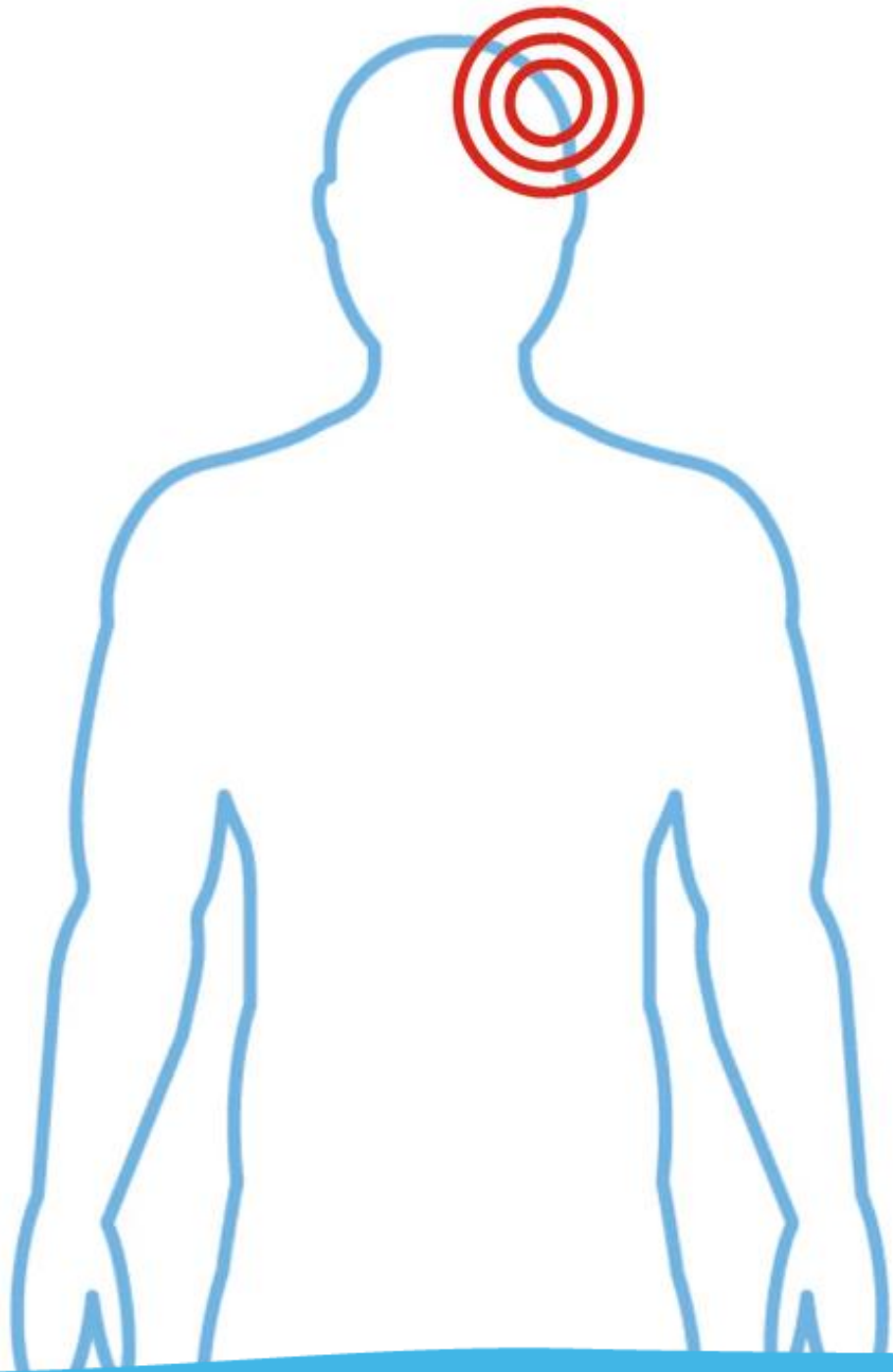
If you have lots of bleeding  
seek immediate medical help.



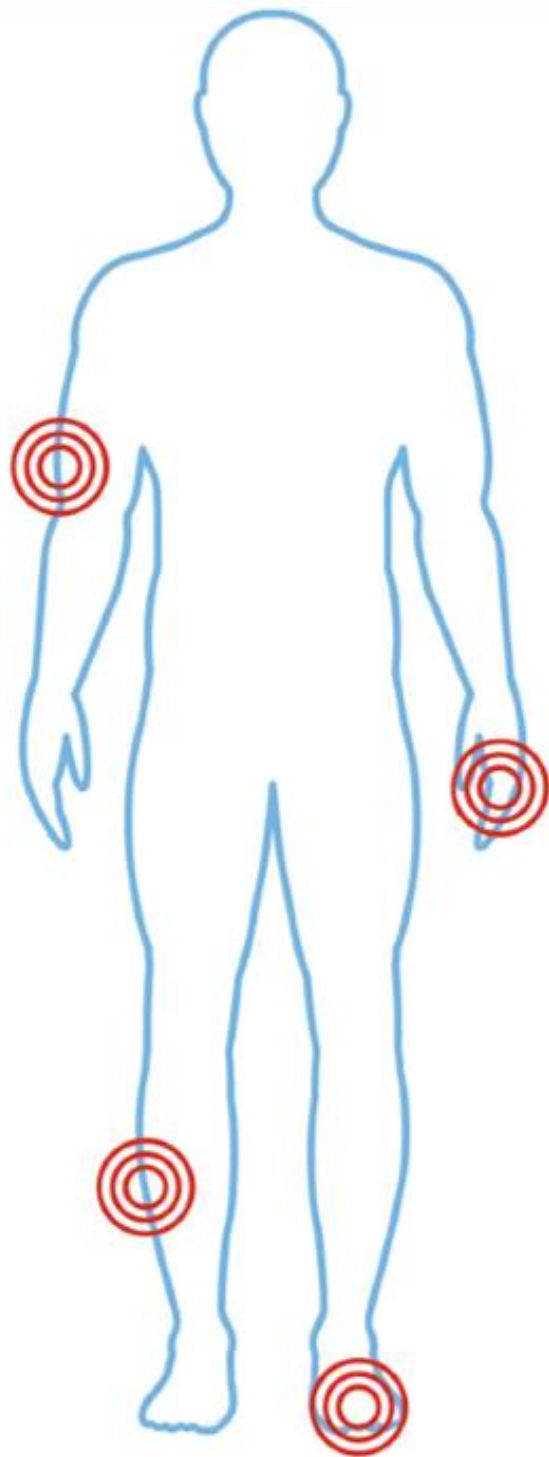


**If you are bleeding badly and it doesn't stop, seek immediate medical help.**

**Explain that you are taking Apixaban**



If you hit your head badly seek immediate medical help so that you can be checked for internal bleeding. Explain that you are taking Apixaban



**If you hit any part of  
your body badly, seek  
immediate medical help so  
that you can be checked  
for internal bleeding**

**Explain that you are  
taking Apixaban**



# Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
<b>This patient is taking anticoagulant therapy</b> This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:

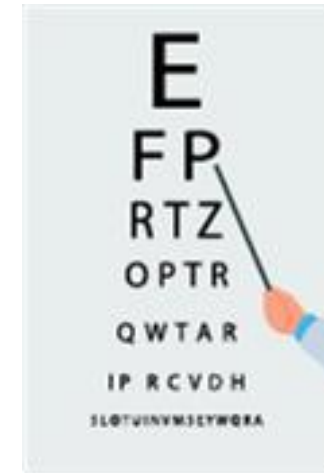


All foods are okay

Do not drink lots of  
alcohol – stay within  
the recommended  
limits



Tell people – Doctor, Nurse, Pharmacist, Dentist  
that you are taking Apixaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

**Paracetamol is OK**



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# Acknowledgements

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