

# Atrial Fibrillation Counselling Support Tool

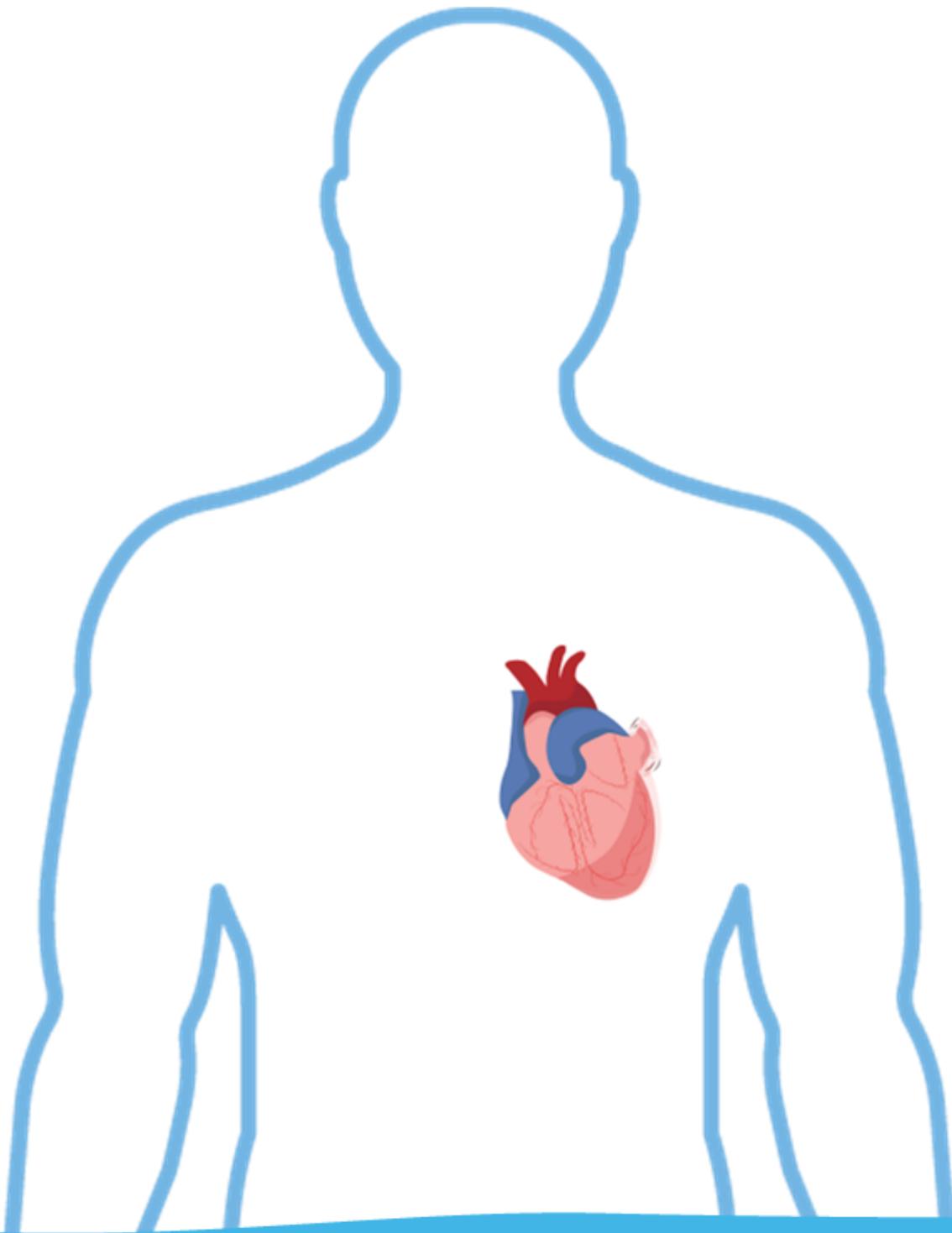
Dabigatran 110mg



Your new tablet is  
**Dabigatran 110mg**

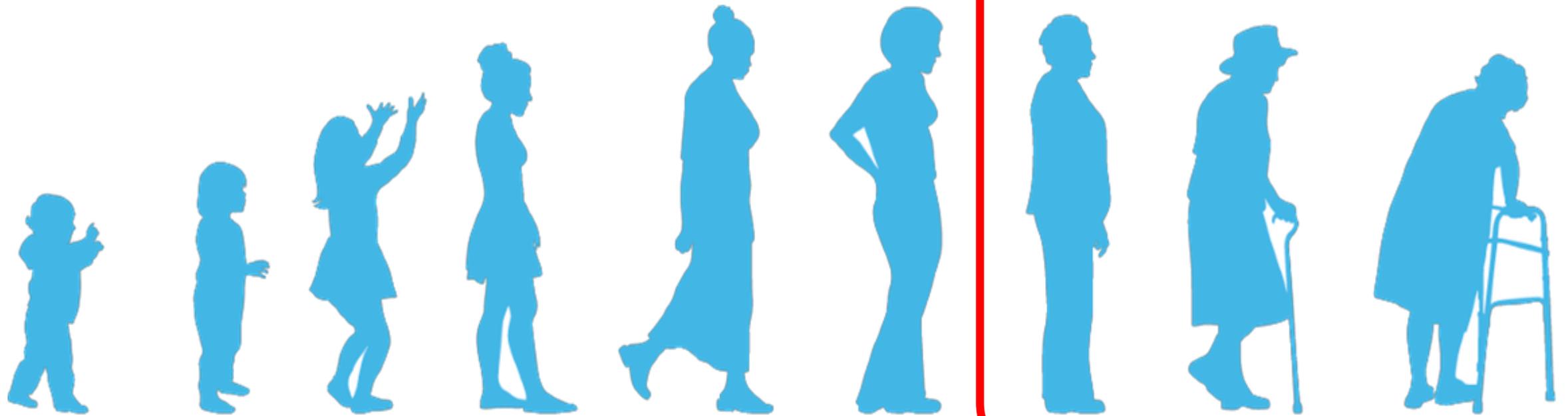
The brand name is  
**Pradaxa**

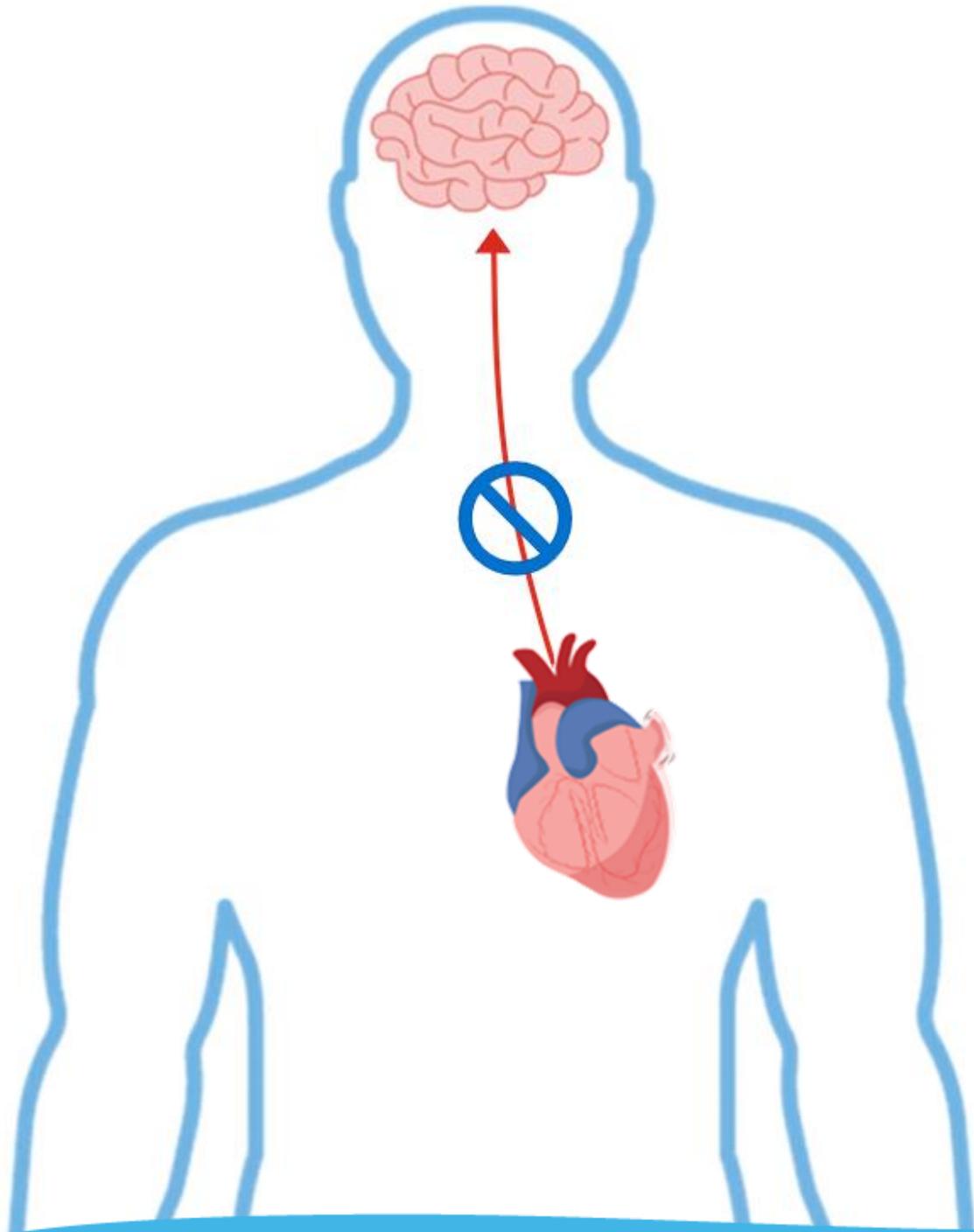




You have been  
prescribed  
**Dabigatran 110mg**  
because you have  
**Atrial Fibrillation**  
- a type of irregular  
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





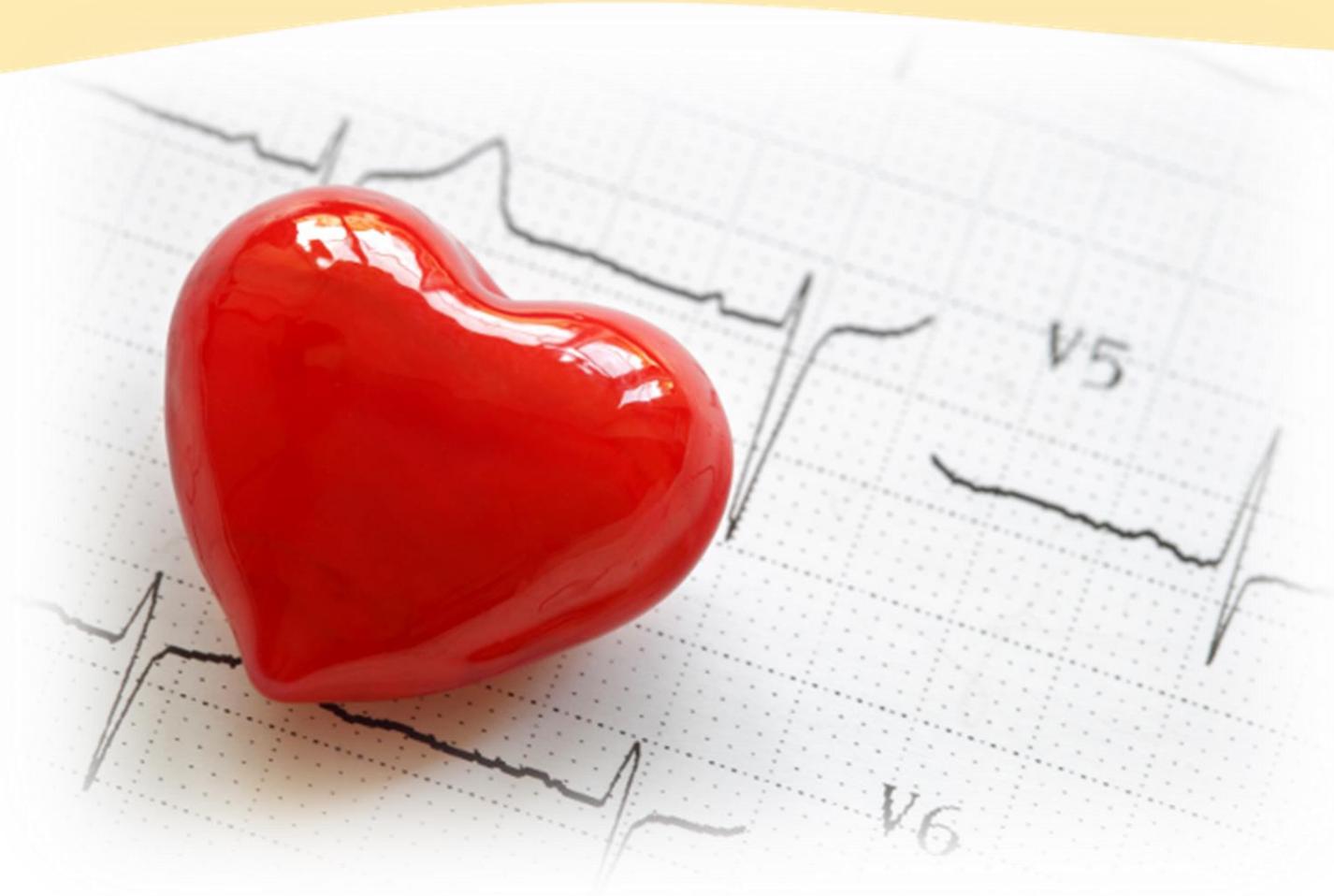
**Atrial fibrillation can  
cause blood clots**

**Blood clots can  
travel to the brain  
and cause a stroke**

**Dabigatran stops  
most strokes  
caused by atrial  
fibrillation**



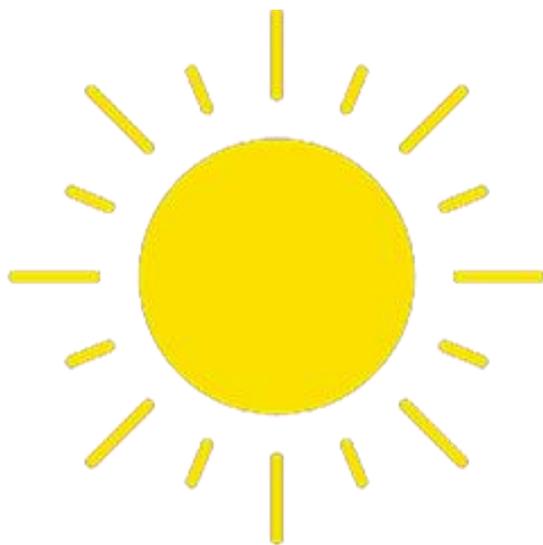
**Most people will take Dabigatran  
for the rest of their lives**





Your GP will do a  
blood test a few  
times a year

This is less often  
than with Warfarin



**Take Dabigatran  
twice a day**

**Never miss  
capsules**

**Swallow whole  
with food or  
plenty of liquid**





When will you take **your** Dabigatran?



**Do not store  
Dabigatran in a  
dosette box**

**Dabigatran is short  
lived in the body**

**Do not miss  
any capsules**





**Dabigatran  
makes it take  
longer to stop  
bleeding**

If you notice any bleeding  
when you use the toilet or if  
your poo looks black (tarry)  
tell your doctor the same day

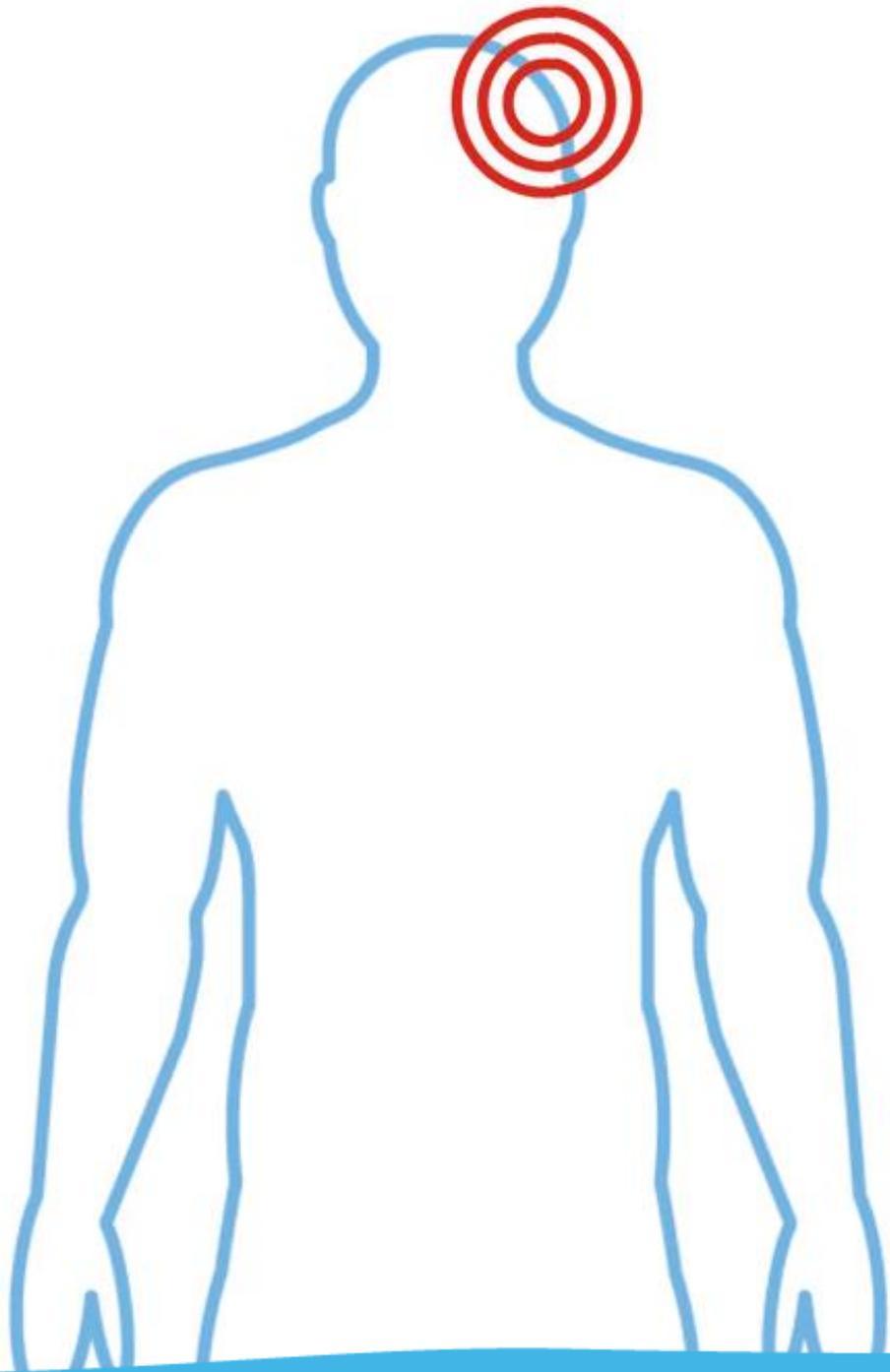
If you have lots of bleeding  
seek immediate medical help



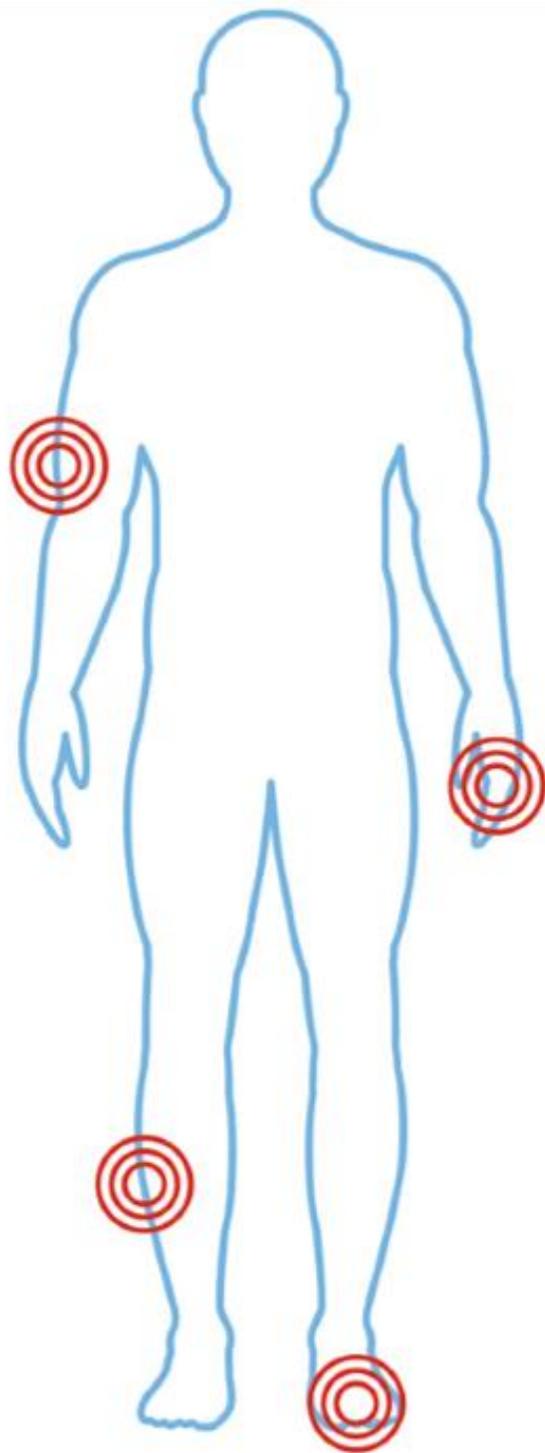


If you are bleeding  
badly and it doesn't  
stop, seek immediate  
medical help

Explain that you are  
taking Dabigatran



**If you hit your head  
badly seek immediate  
medical help so that  
you can be checked  
for internal bleeding  
Explain that you are  
taking Dabigatran**



**If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding**

**Explain that you are taking Dabigatran**

# Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
<b>This patient is taking anticoagulant therapy</b> This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:



All foods are okay

Do not drink lots of  
alcohol – stay within  
the recommended  
limits



# Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Dabigatran



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

**Paracetamol is OK**



# Acknowledgements

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