

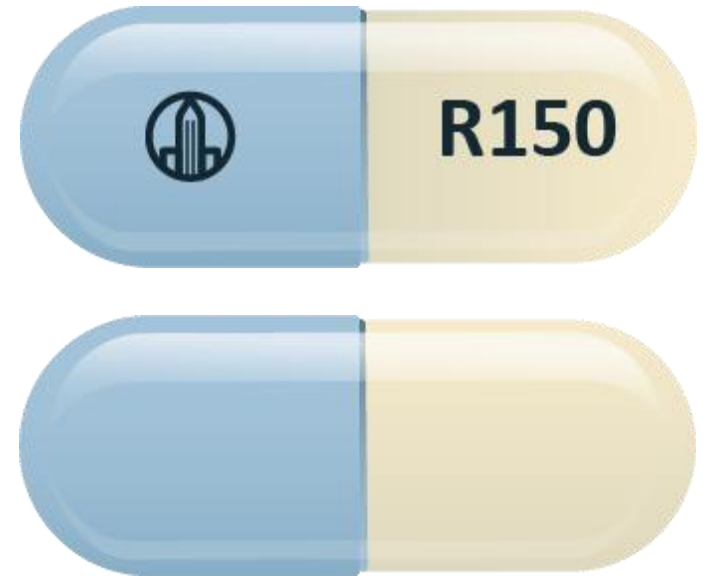
Atrial Fibrillation Counselling Support Tool

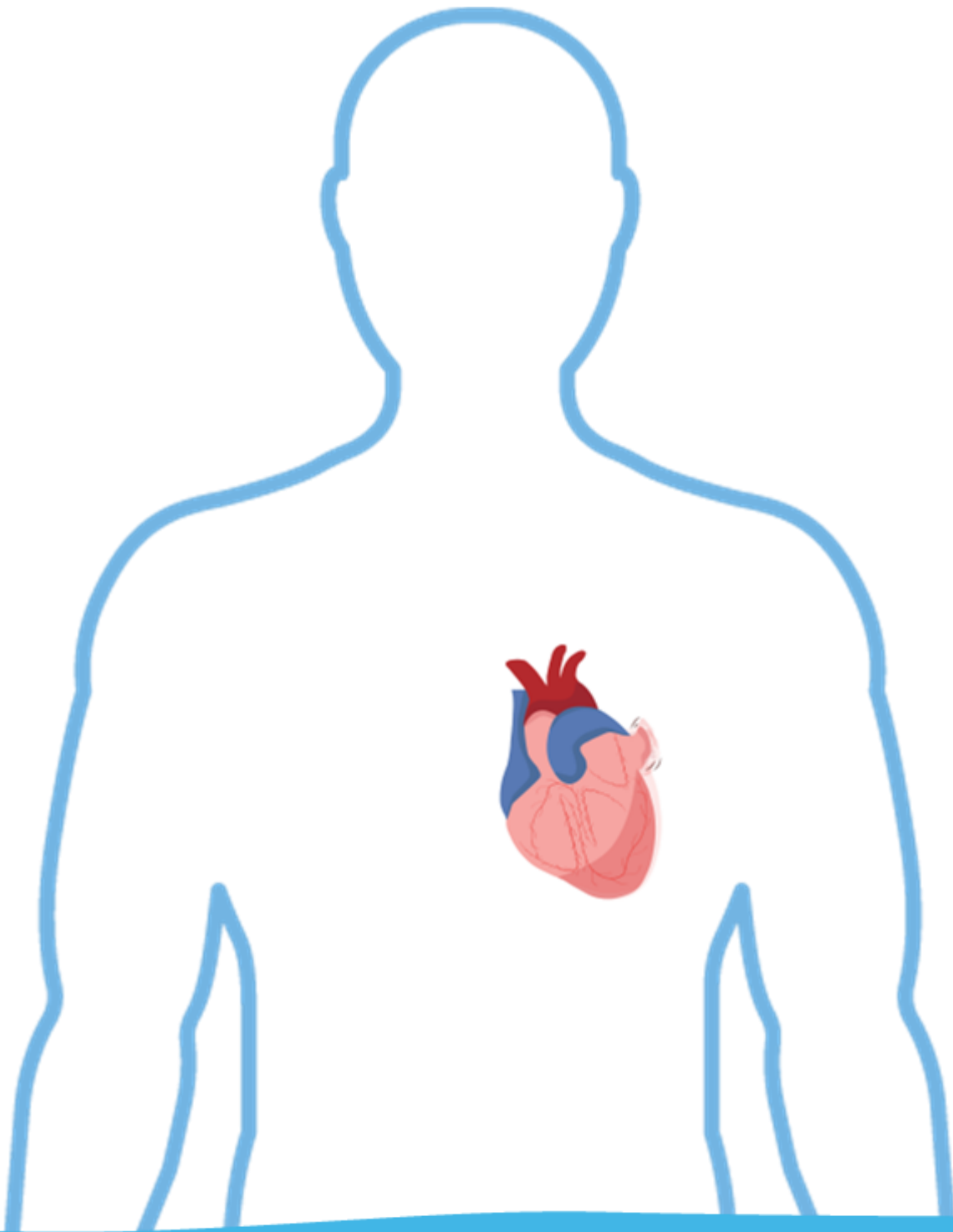
Dabigatran 150mg



Your new tablet is
Dabigatran 150mg

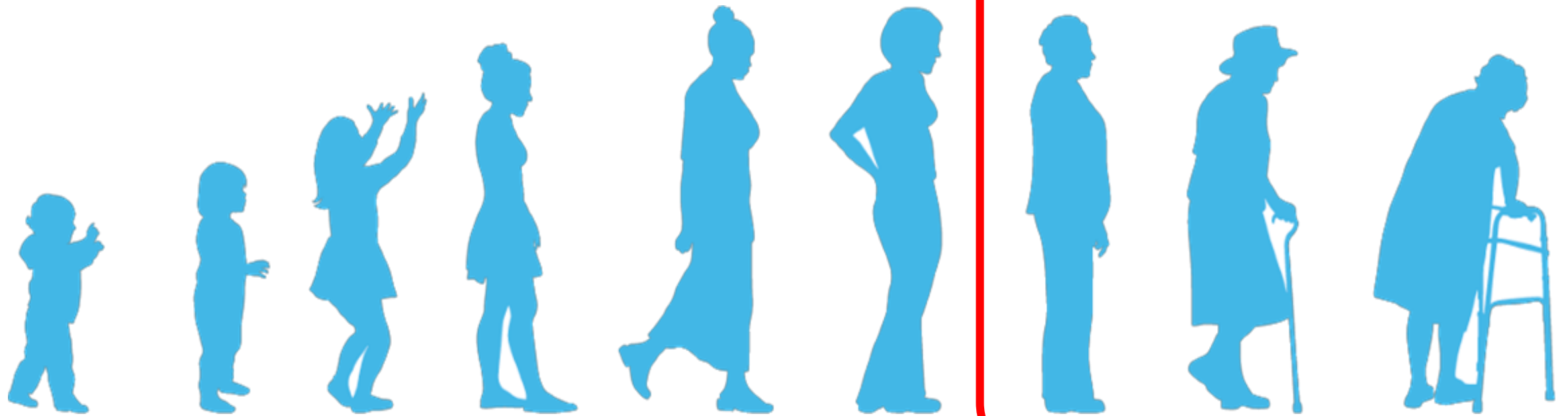
The brand name is
Pradaxa

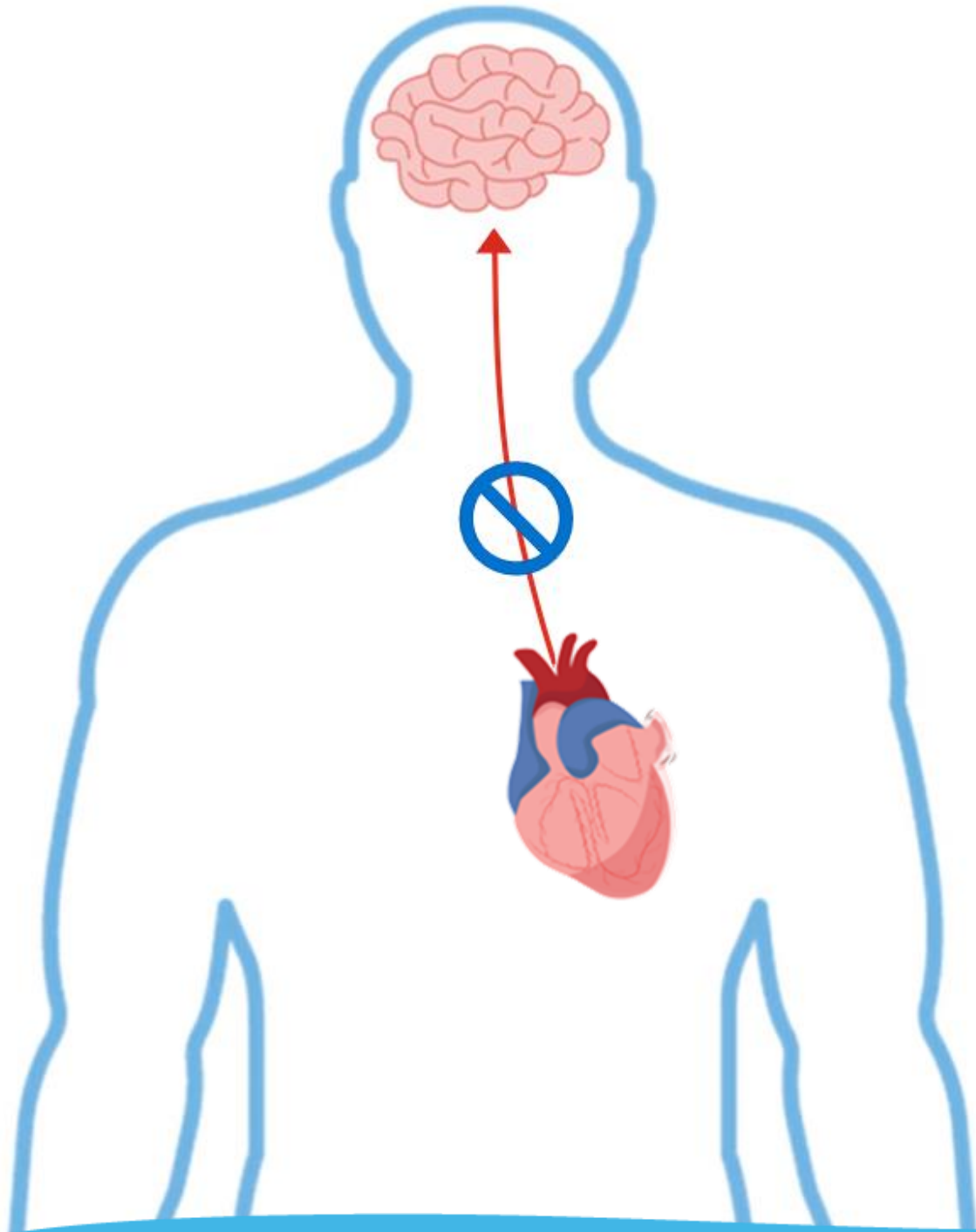




You have been
prescribed
Dabigatran 150mg
because you have
Atrial Fibrillation
- a type of irregular
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





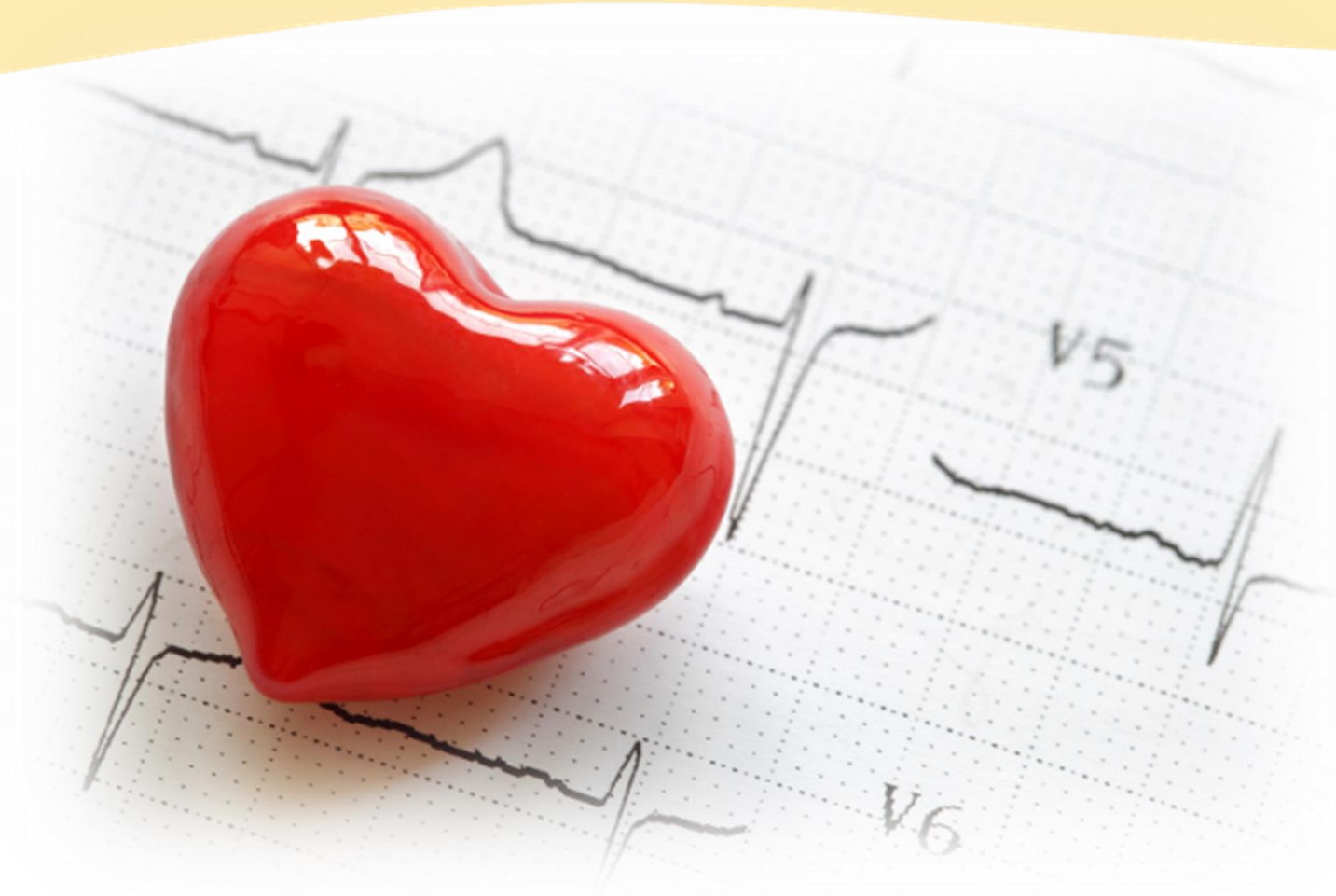
**Atrial fibrillation can
cause blood clots**

**Blood clots can
travel to the brain
and cause a stroke**

**Dabigatran stops
most strokes
caused by atrial
fibrillation**



**Most people will take Dabigatran
for the rest of their lives**





Your GP will do a
blood test a few
times a year

This is less often
than with Warfarin



**Take Dabigatran
twice a day**



**Never miss
capsules**

**Swallow whole
with food or
plenty of liquid**





When will you take **your** Dabigatran?



**Do not store
Dabigatran in a
dosette box**

**Dabigatran is short-
lived in the body**

**Do not miss
any tablets**





**Dabigatran
makes it take
longer to stop
bleeding**

If you notice any bleeding
when you use the toilet or if
your poo looks black (tarry)
tell your doctor the same day

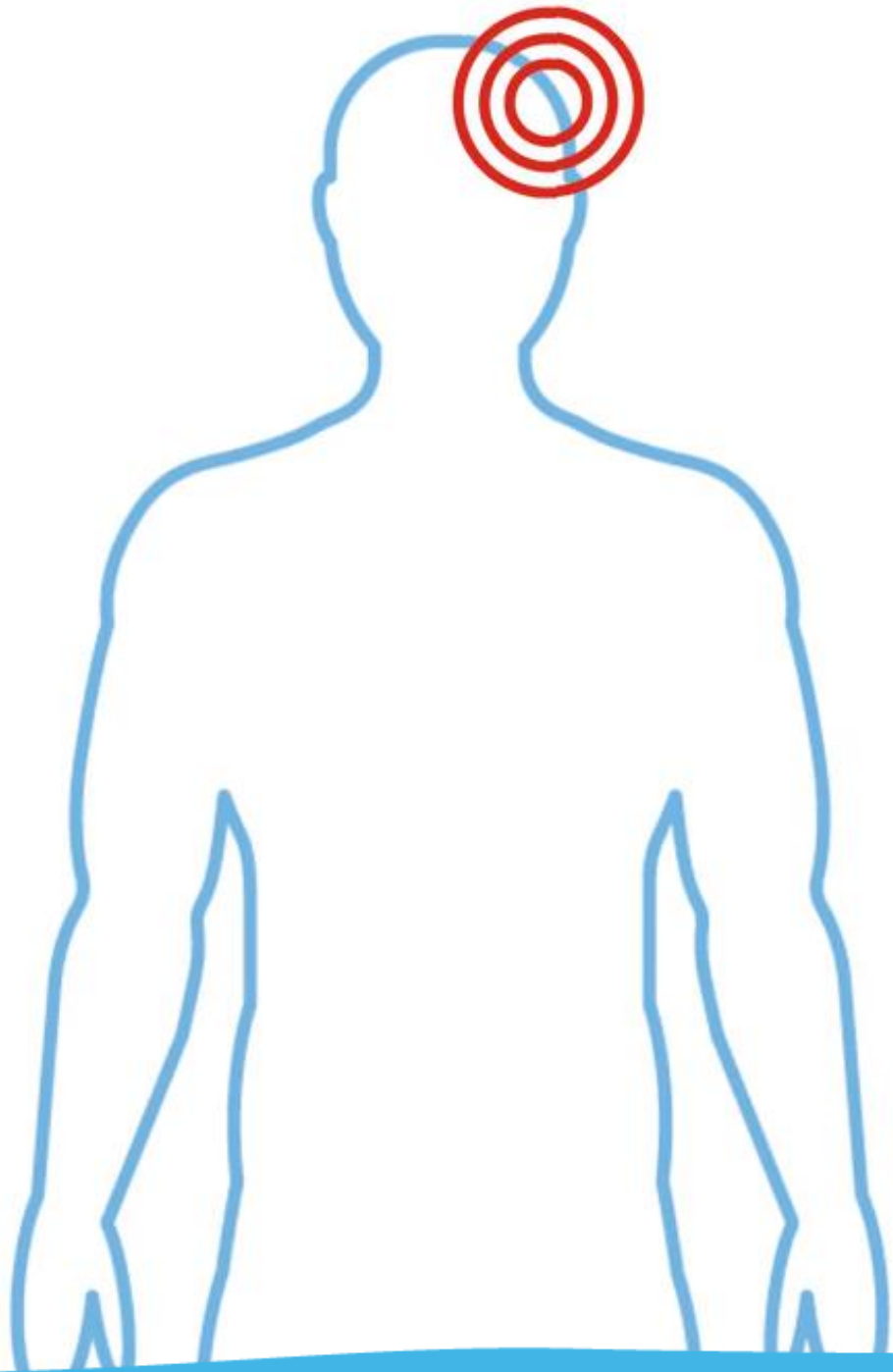
If you have lots of bleeding
seek immediate medical help



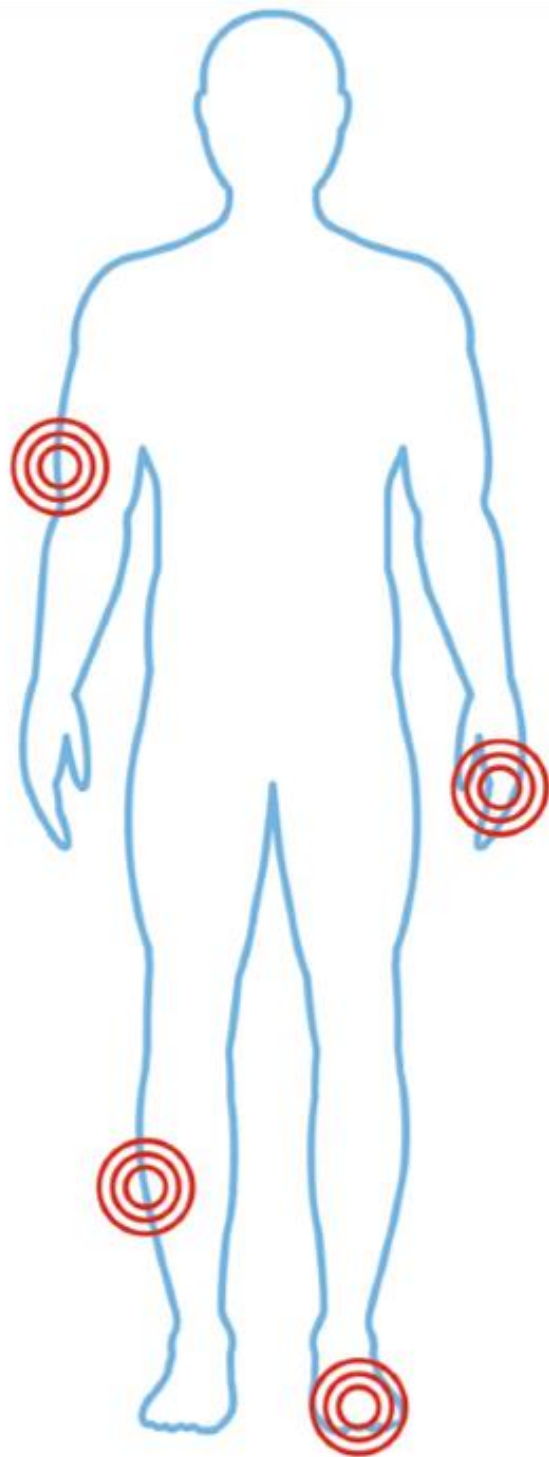


If you are bleeding
badly and it doesn't
stop, seek immediate
medical help

Explain that you are
taking Dabigatran



**If you hit your head
badly seek immediate
medical help so that
you can be checked
for internal bleeding
Explain that you are
taking Dabigatran**



If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding

Explain that you are taking Dabigatran

Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
This patient is taking anticoagulant therapy This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:

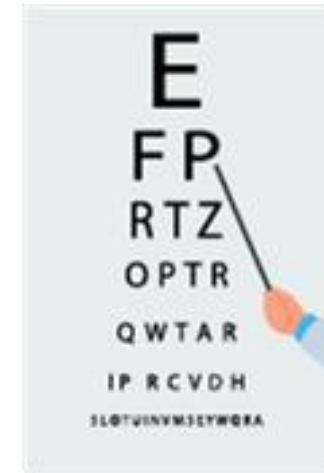


All foods are okay

Do not drink lots of
alcohol – stay within
the recommended
limits



Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Dabigatran



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

Paracetamol is OK



Acknowledgements

Based on original content by:

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