

# Atrial Fibrillation Counselling Support Tool

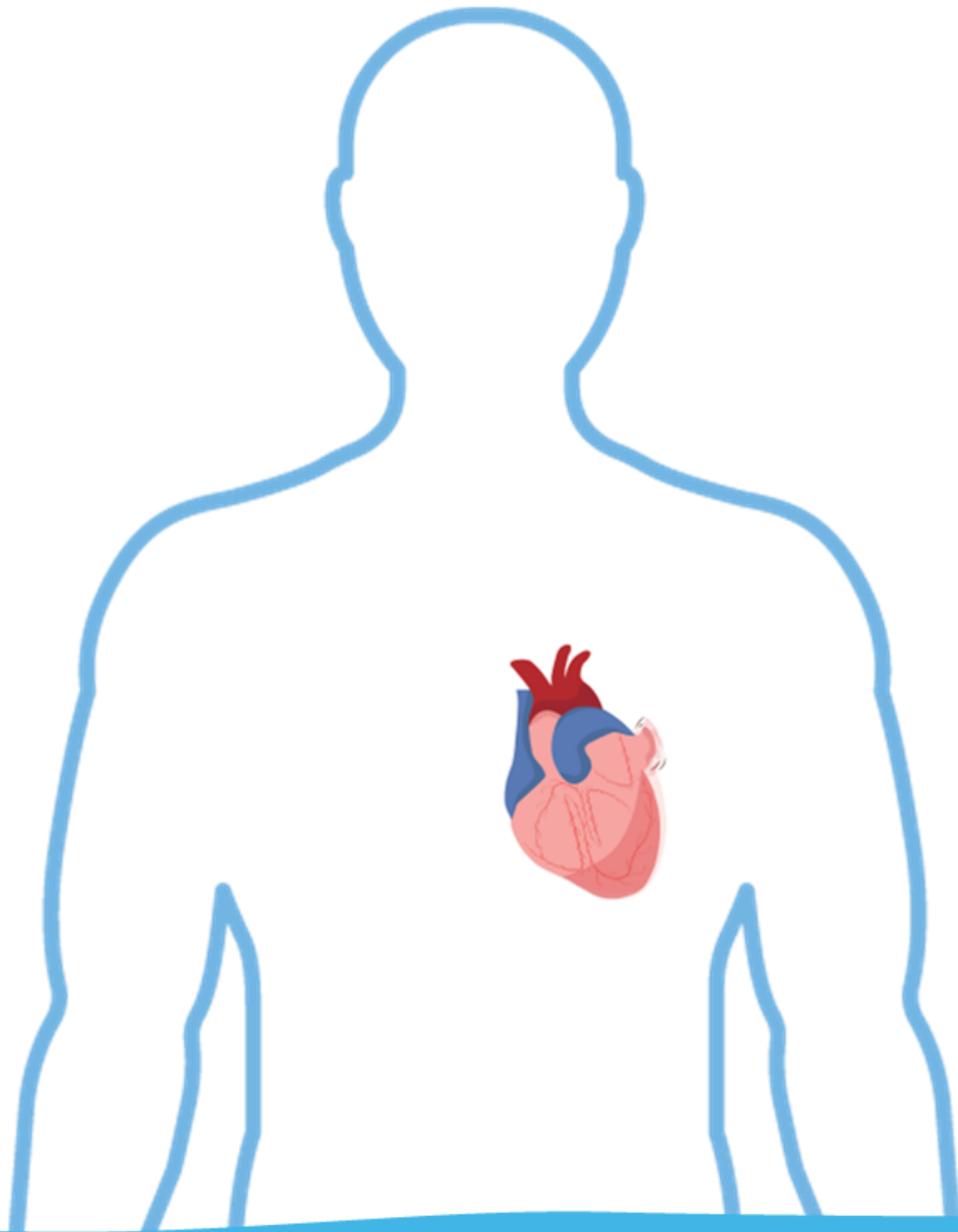
Edoxaban 30mg



Your new tablet is  
Edoxaban 30mg

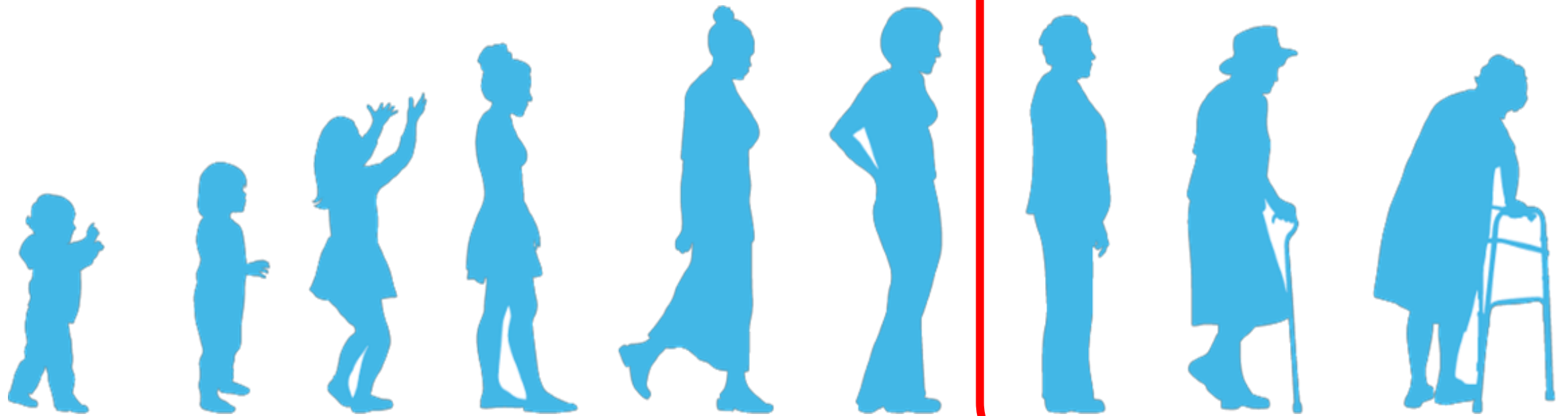
The brand name is  
Lixiana

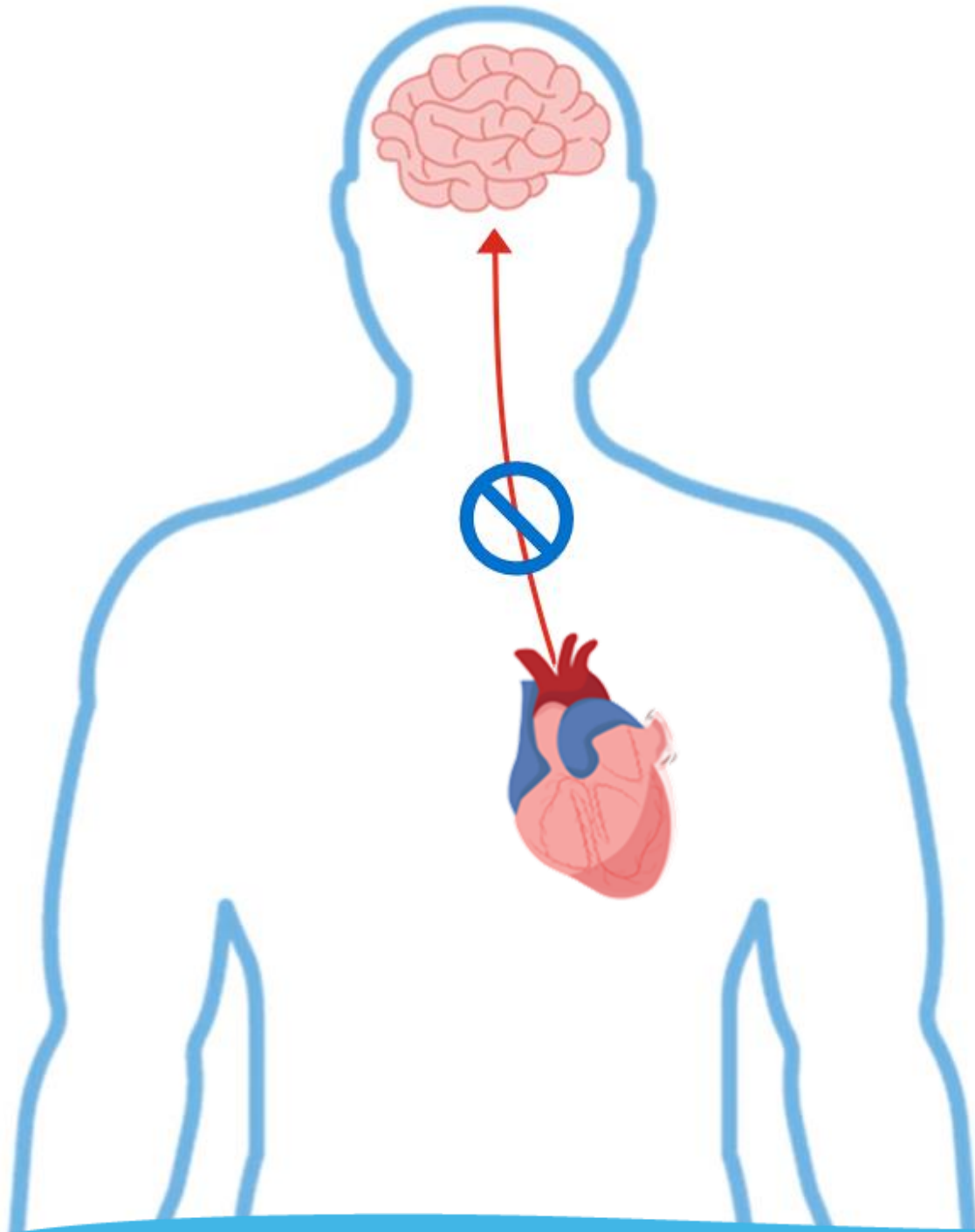




You have been  
prescribed  
**Edoxaban 30mg**  
because you have  
**Atrial Fibrillation**  
- a type of irregular  
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





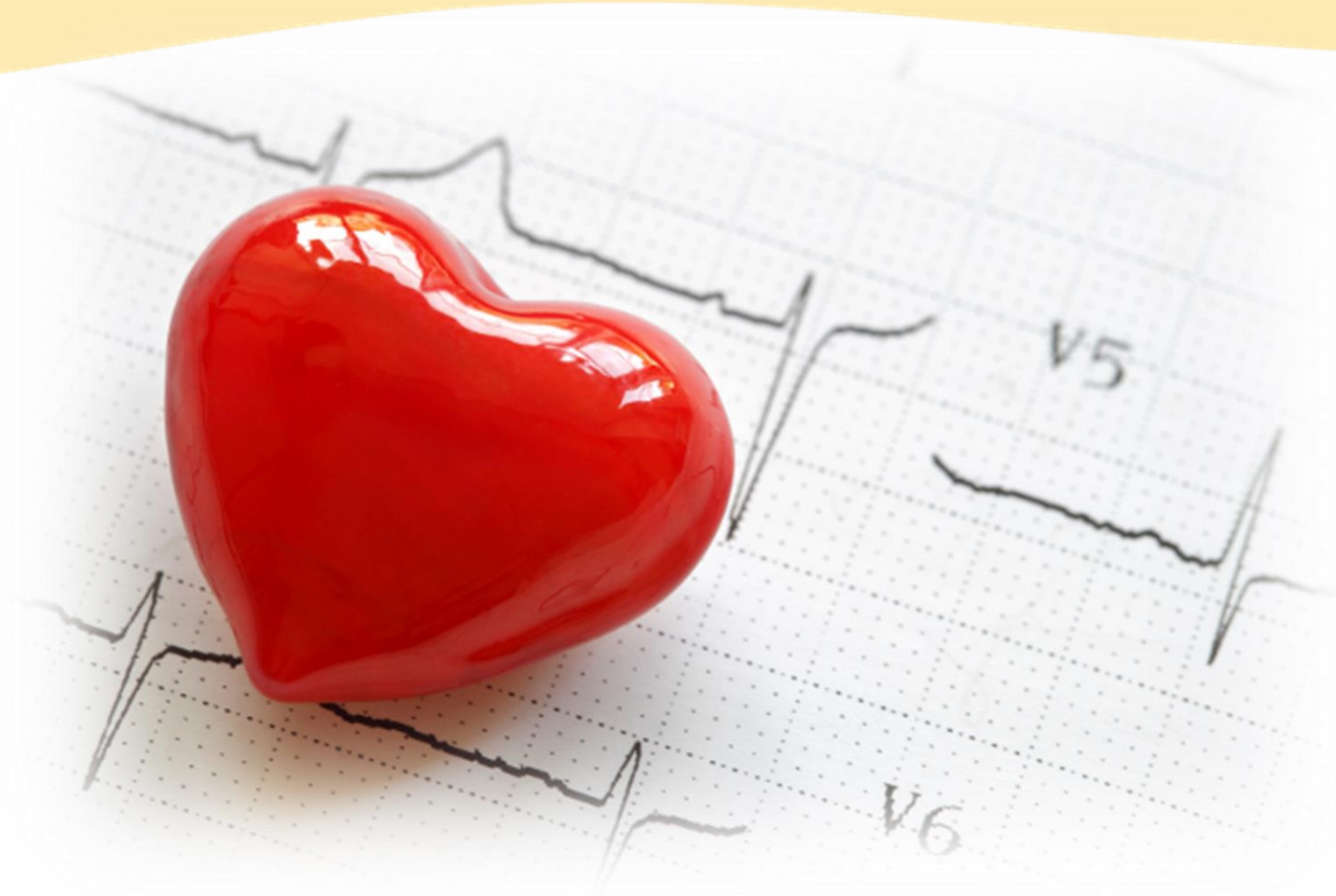
**Atrial fibrillation can  
cause blood clots**

**Blood clots can  
travel to the brain  
and cause a stroke**

**Edoxaban stops  
most strokes  
caused by atrial  
fibrillation**



**Most people will take Edoxaban  
for the rest of their lives**





Your GP will do a  
blood test a few  
times a year

This is less often  
than with Warfarin



**Most people  
do not need  
dose changes**





Take Edoxaban  
**ONCE** a day  
Never miss tablets



When will you take **your** Edoxaban?

**Edoxaban is short  
lived in the body**

**Do not miss  
any tablets**





**Edoxaban makes  
it take longer to  
stop bleeding**

If you notice any bleeding  
when you use the toilet or if  
your poo looks black (tarry)  
tell your doctor the same day

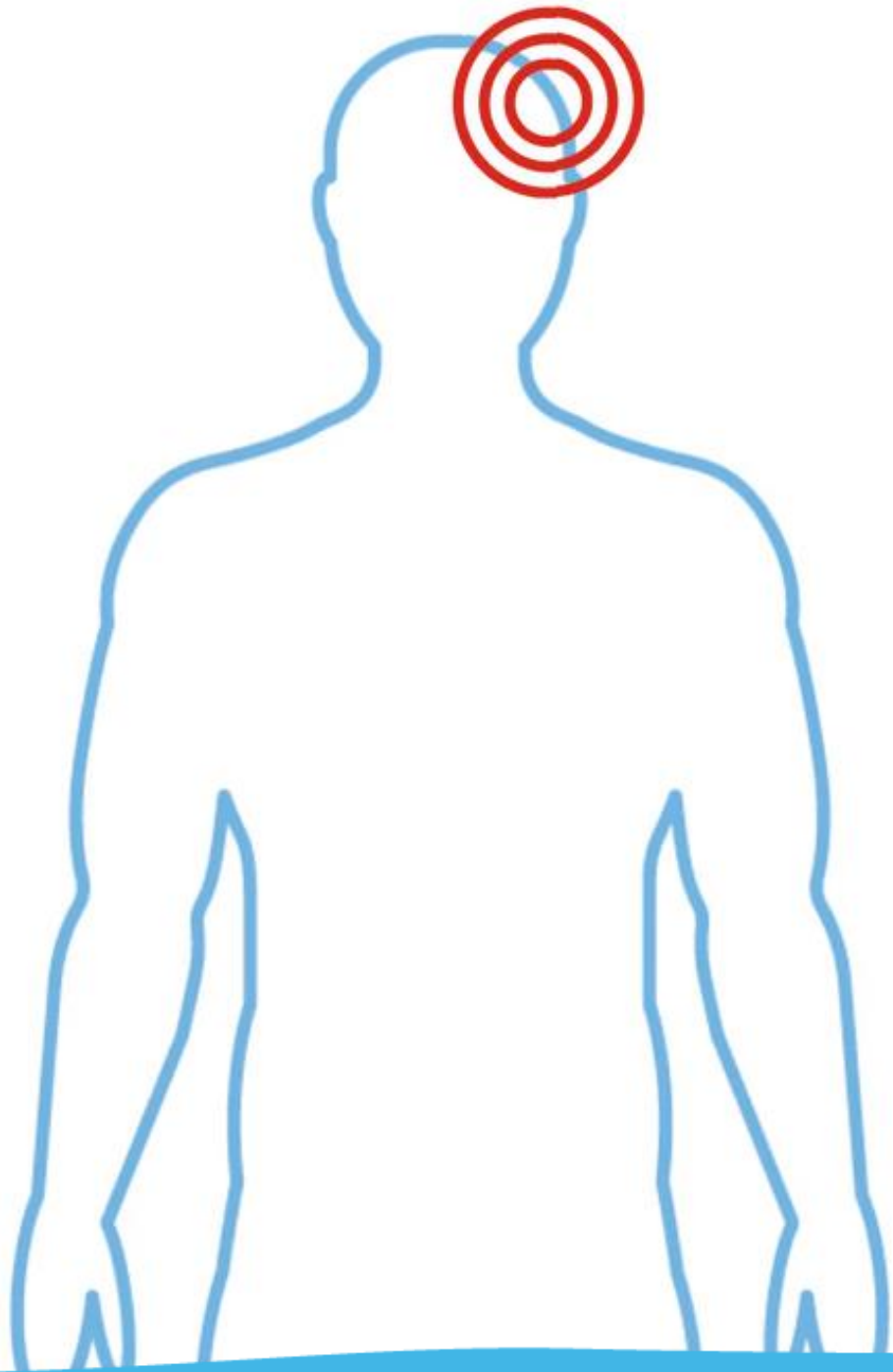
If you have lots of bleeding  
seek immediate medical help





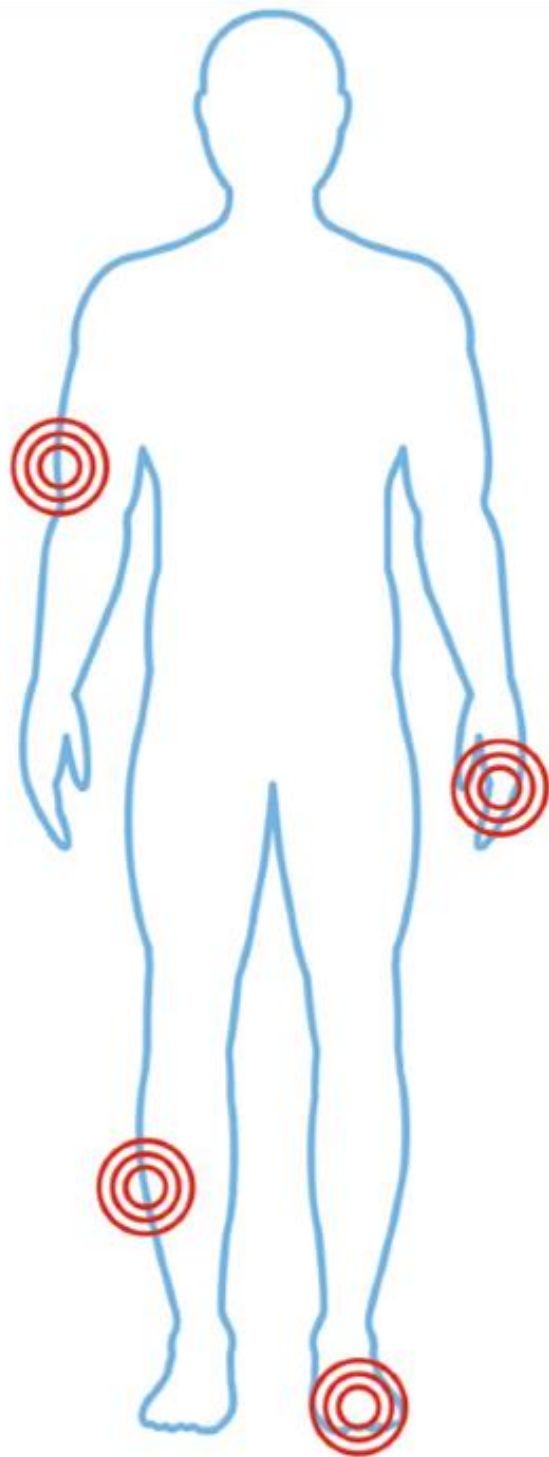
If you are bleeding  
badly and it doesn't  
stop, seek immediate  
medical help

Explain that you are  
taking Edoxaban



**If you hit your head  
badly seek immediate  
medical help so that  
you can be checked  
for internal bleeding  
Explain that you are  
taking Edoxaban**





**If you hit any part of  
your body badly, seek  
immediate medical help so  
that you can be checked  
for internal bleeding**

**Explain that you are  
taking Edoxaban**

# Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
<b>This patient is taking anticoagulant therapy</b> This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:

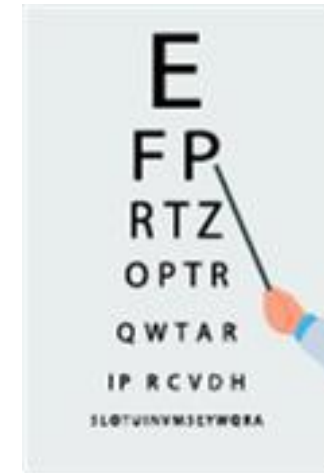


All foods are okay

Do not drink lots of  
alcohol – stay within  
the recommended  
limits



# Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Edoxaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

**Paracetamol is OK**



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# Acknowledgements

Based on original content by:

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