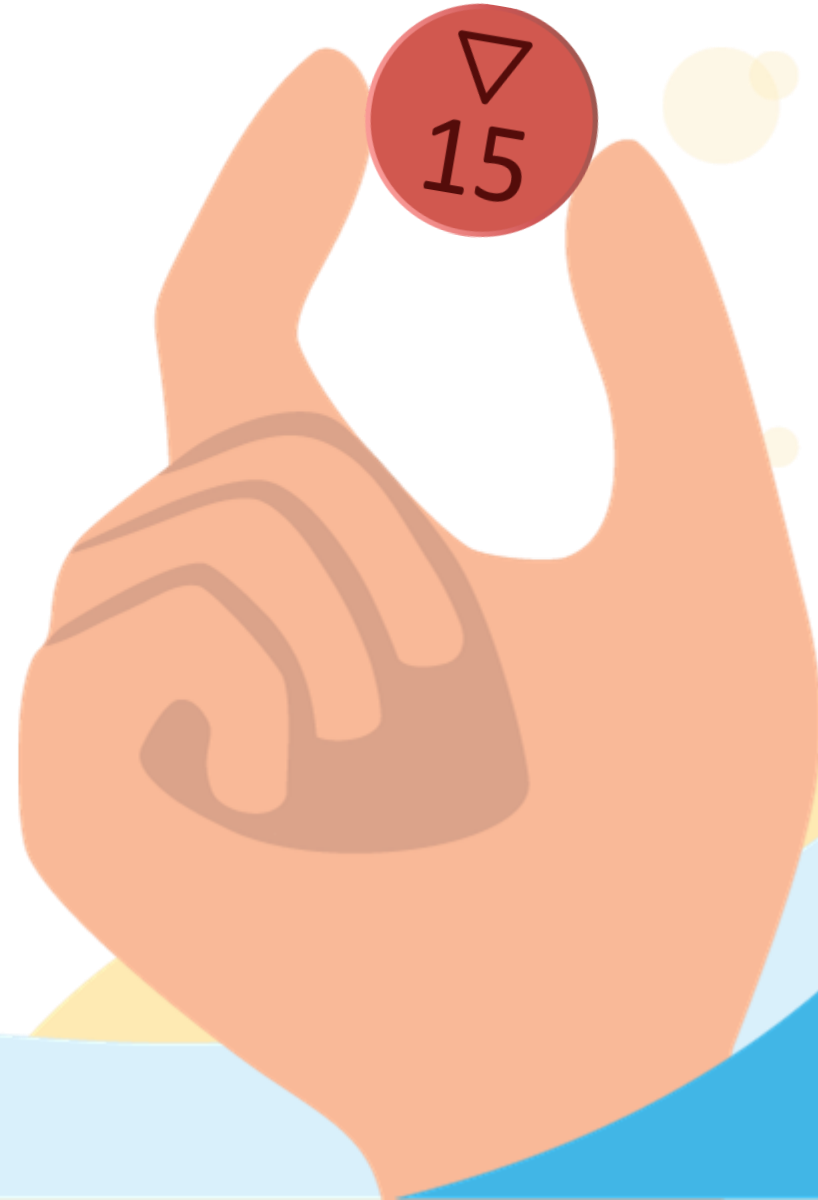


Atrial Fibrillation Counselling Support Tool

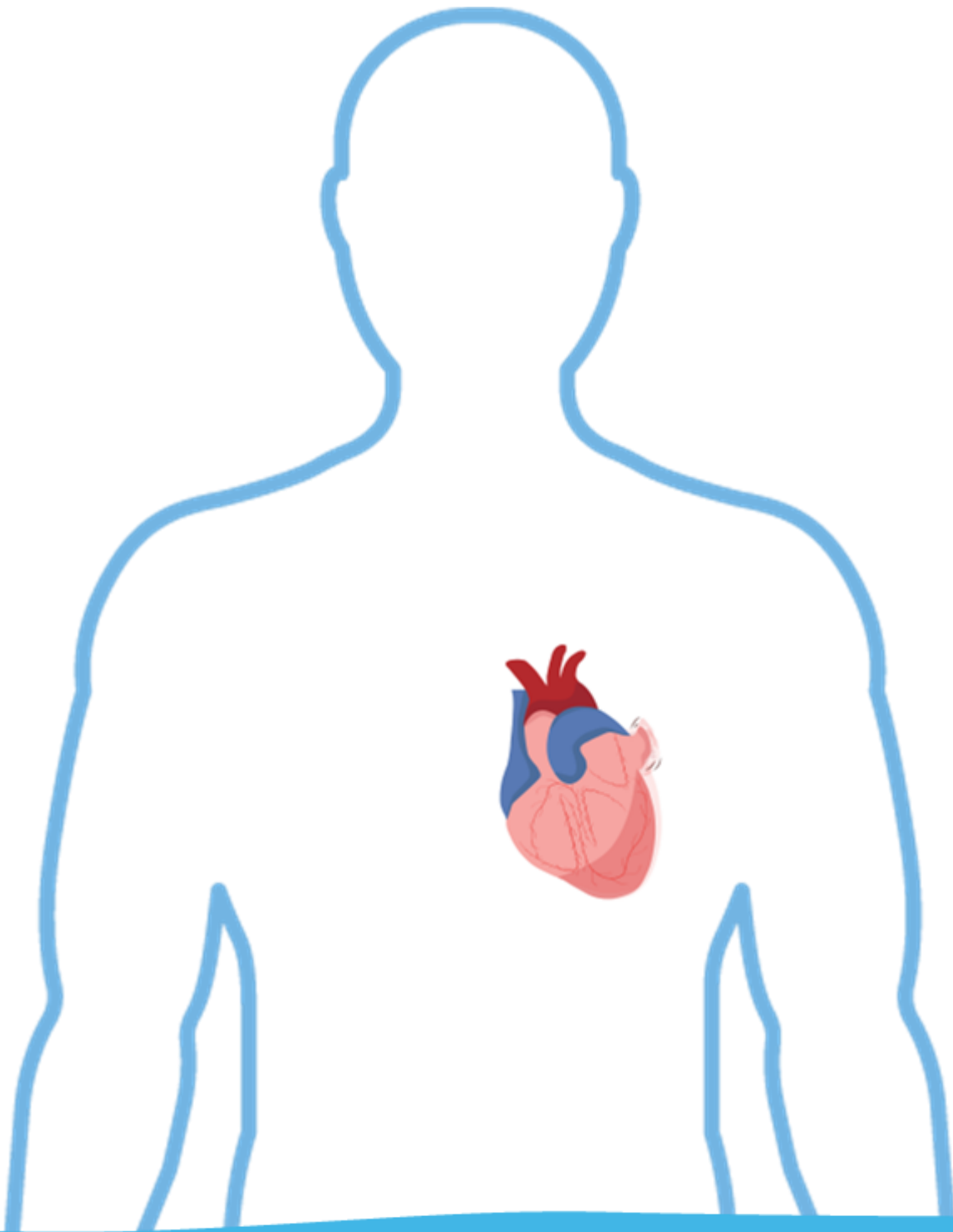
Rivaroxaban 15mg



Your new tablet is
Rivaroxaban 15mg

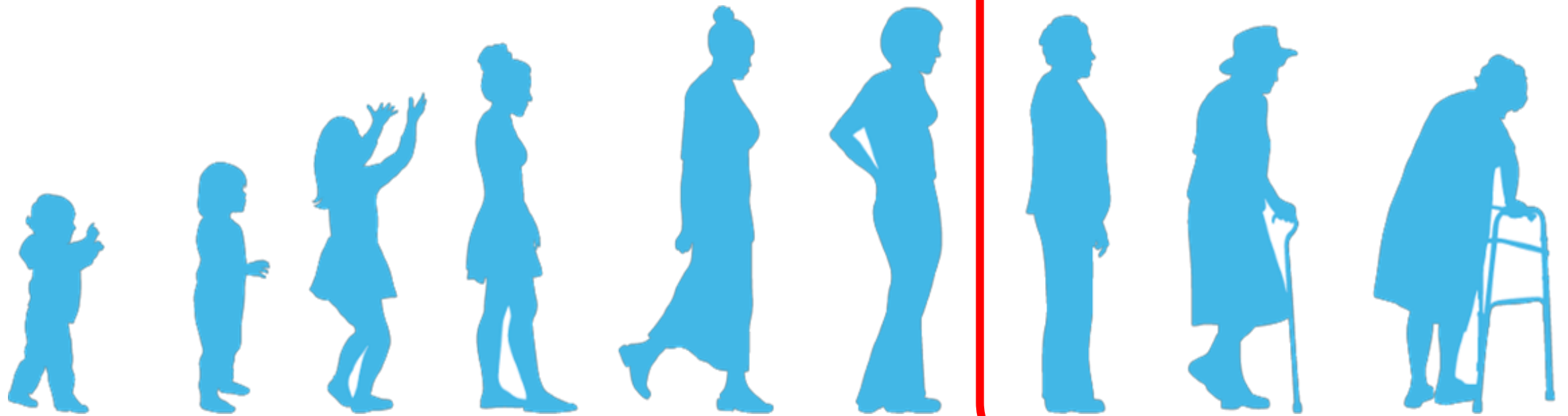
The brand name is
Xarelto

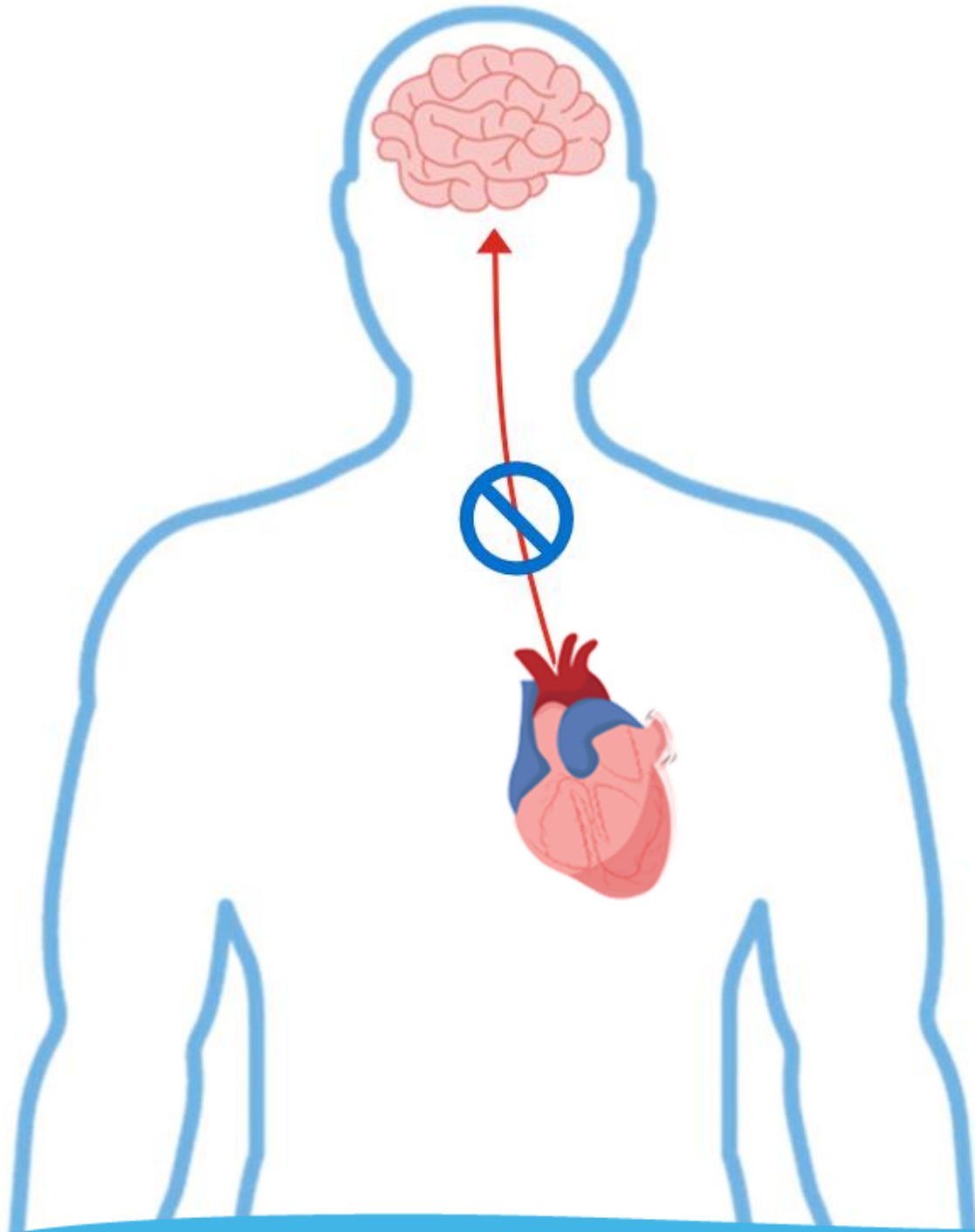




You have been
prescribed
Rivaroxaban 15mg
because you have
Atrial Fibrillation
- a type of irregular
heartbeat

Atrial fibrillation is a major cause of stroke, particularly in older people





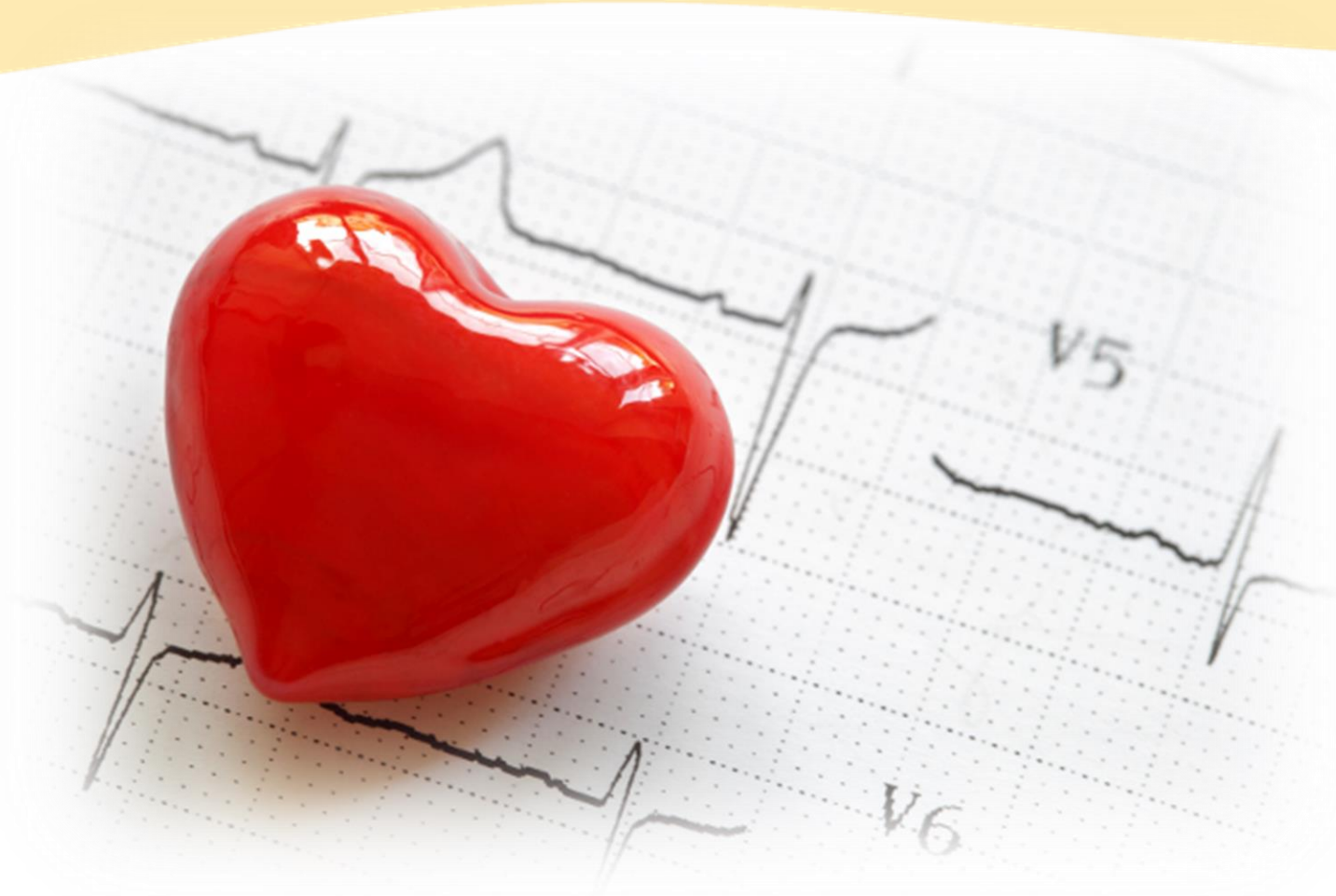
**Atrial fibrillation can
cause blood clots**

**Blood clots can
travel to the brain
and cause a stroke**

**Rivaroxaban
stops most strokes
caused by atrial
fibrillation**



**Most people will take Rivaroxaban
for the rest of their lives**





Your GP will do a
blood test a few
times a year

This is less often
than with Warfarin



Take Rivaroxaban

ONCE a day

Swallow whole with
food

Never miss tablets



When will you take **your** Rivaroxaban?

**Rivaroxaban is short
lived in the body**

**Do not miss
any tablets**





**Rivaroxaban
makes it take
longer to stop
bleeding**

If you notice any bleeding when you use the toilet or if your poo looks black (tarry) tell your doctor the same day.

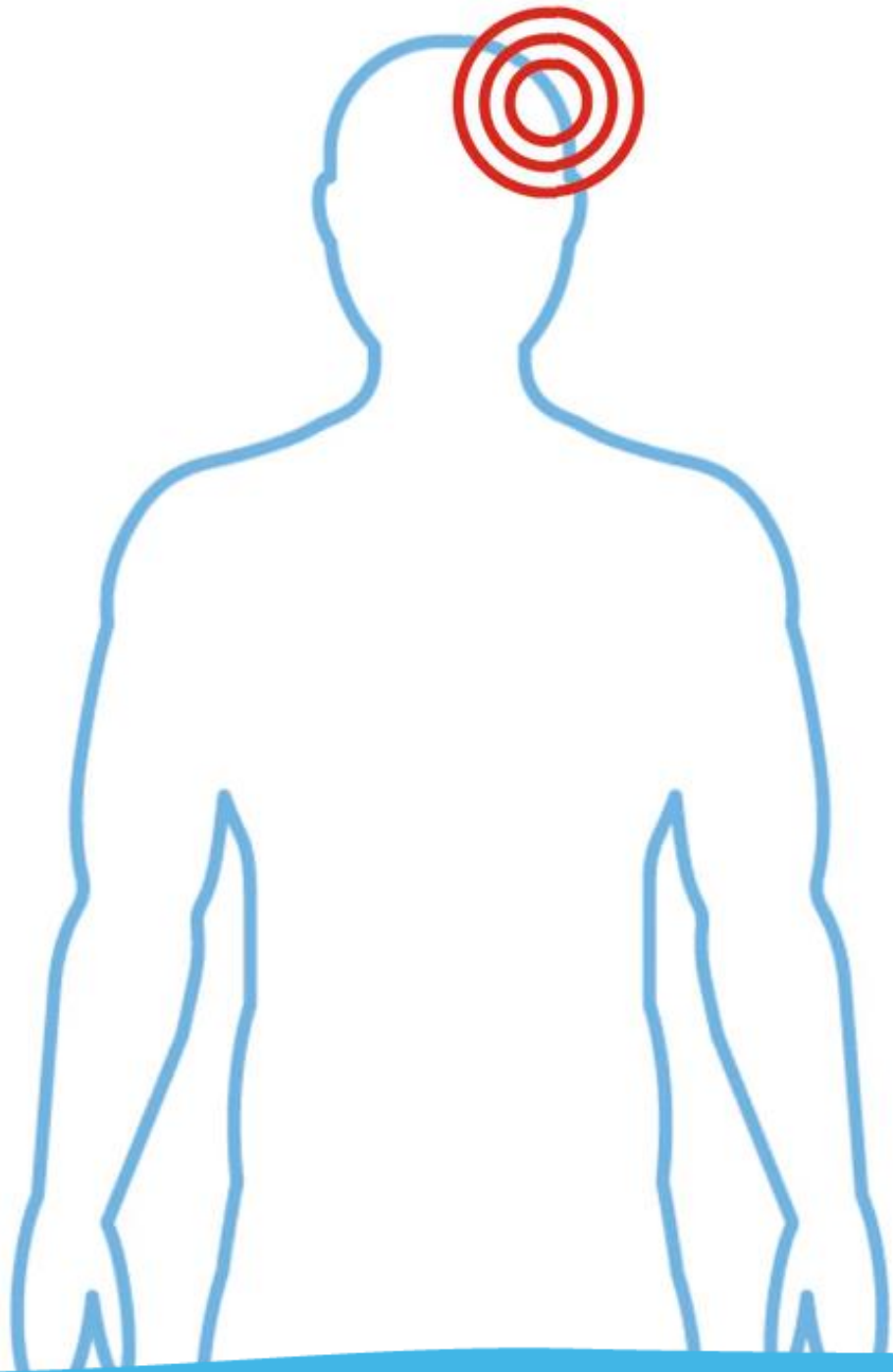
If you have lots of bleeding seek immediate medical help.





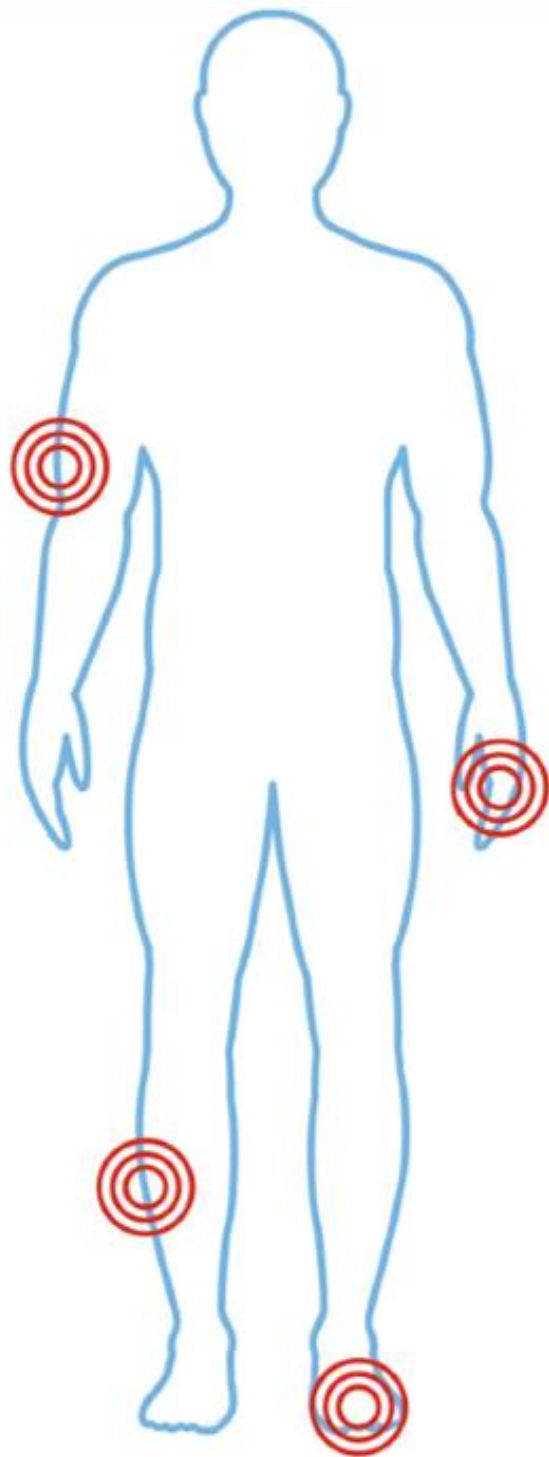
If you are bleeding badly and it doesn't stop, seek immediate medical help.

Explain that you are taking Rivaroxaban



If you hit your head badly seek immediate medical help so that you can be checked for internal bleeding

Explain that you are taking Rivaroxaban



If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding

Explain that you are taking Rivaroxaban

Always keep your anticoagulant alert card with you

Anticoagulant Alert Card			
This patient is taking anticoagulant therapy This card should be carried at all times and shown to healthcare professionals.			
Name of patient:			
Address:			
Postcode:		Telephone:	
Name of next of kin:			
Hospital number:		NHS Number:	

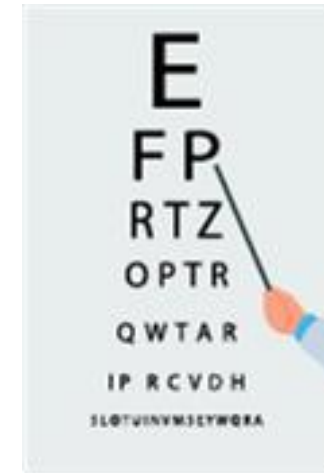


All foods are okay

**Do not drink lots of
alcohol – stay within the
recommended limits**



Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Rivaroxaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies

Paracetamol is OK



+



=



Acknowledgements

Based on original content by:

- Satinder Bhandal , Consultant Pharmacist Anticoagulation, Buckinghamshire Healthcare NHS Trust
- Katrina Clarkson, Principal Speech and Language Therapist, Regional Hyperacute Rehabilitation Unit, Northwick Park Hospital
- Nina Barnett Consultant Pharmacist, Older People, Medicines Use and Safety Division, NHS Specialist Pharmacy Service and London North West Healthcare NHS Trust

