

# Atrial Fibrillation Counselling Support Tool

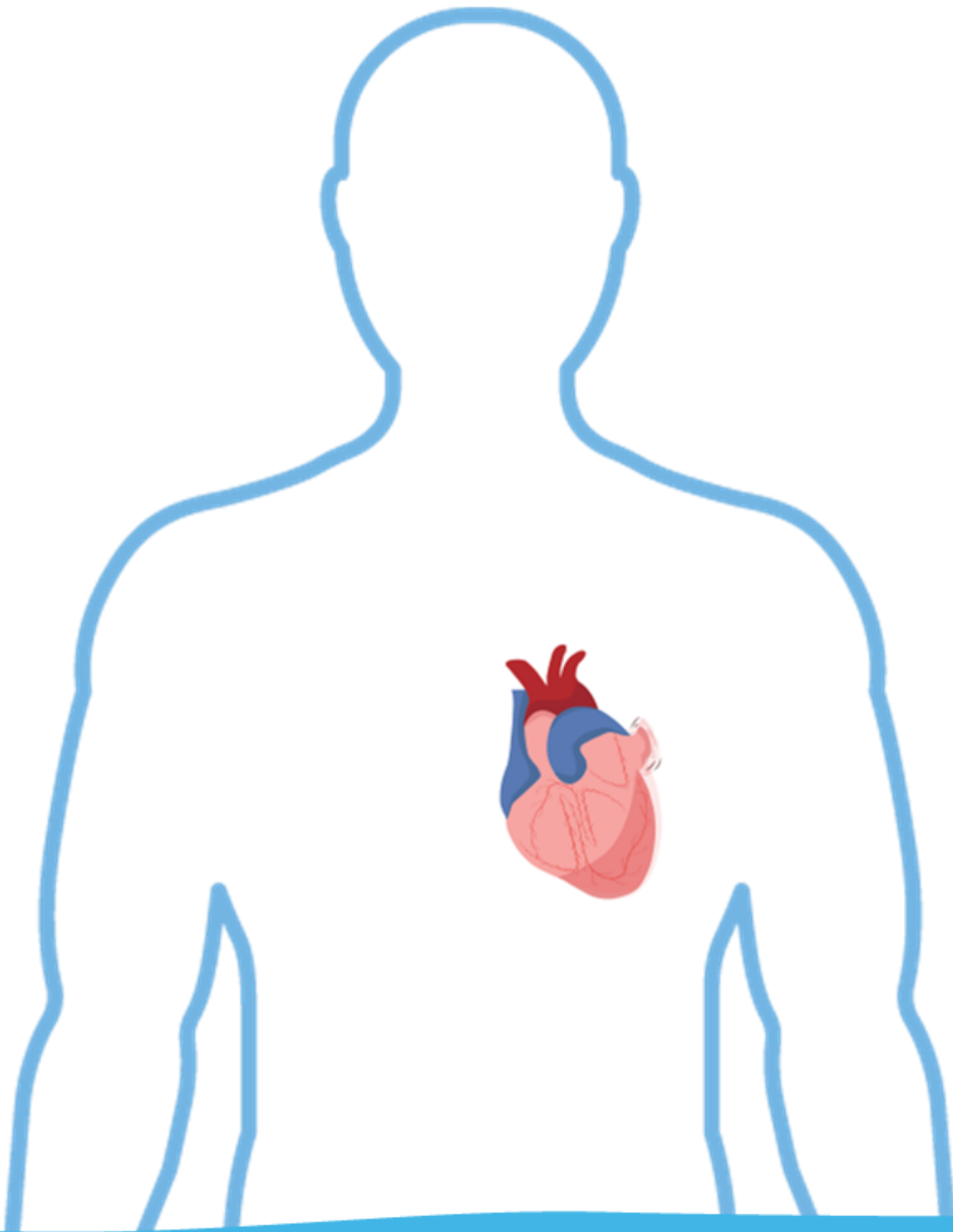
Rivaroxaban 20mg



Your new tablet is  
**Rivaroxaban 20mg**

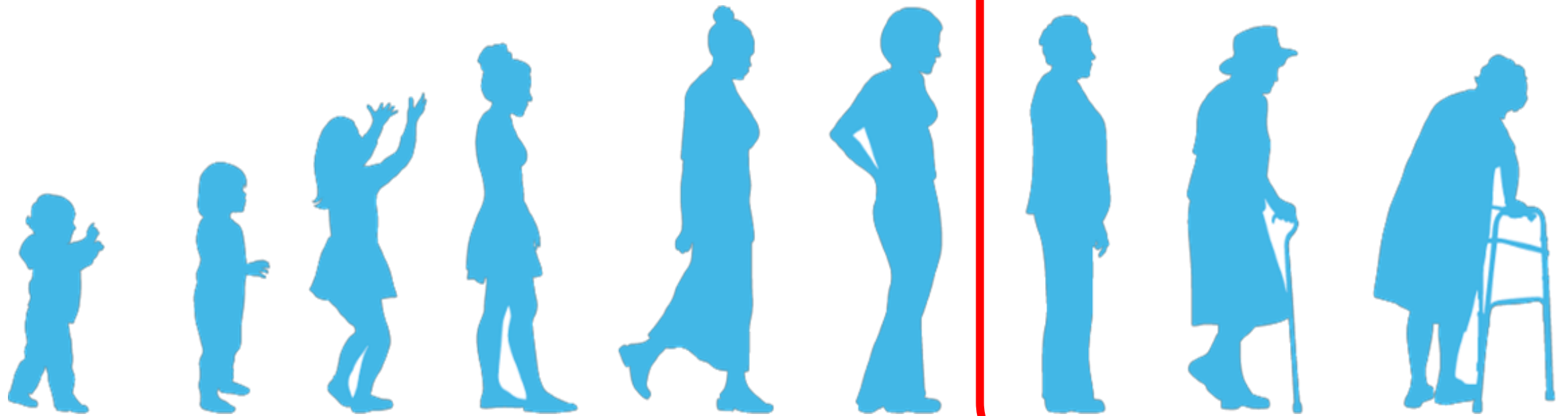
The brand name is  
**Xarelto**

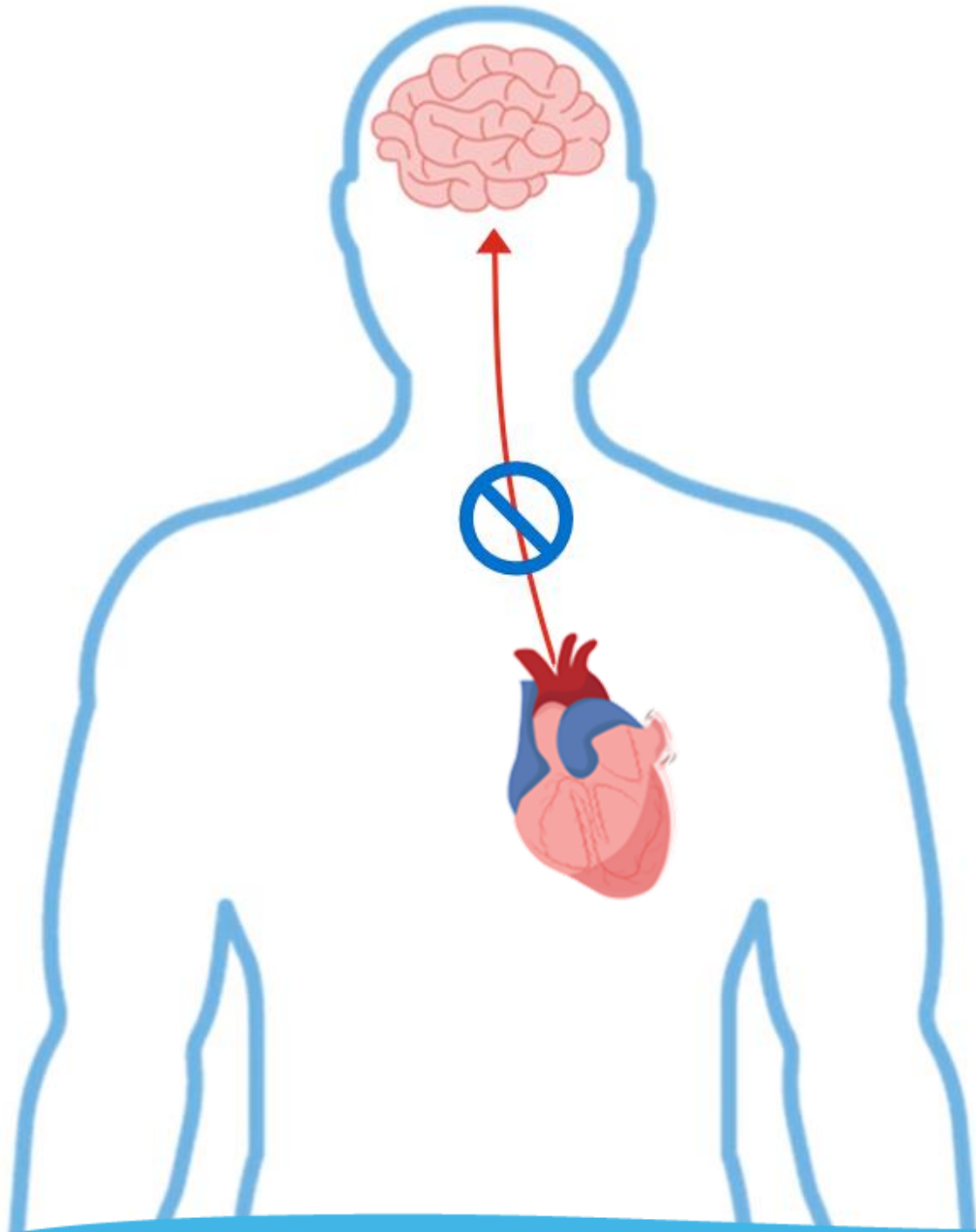




You have been  
prescribed  
**Rivaroxaban 20mg**  
because you have  
**Atrial Fibrillation**  
- a type of irregular  
heartbeat

**Atrial fibrillation is a major cause of stroke, particularly in older people**





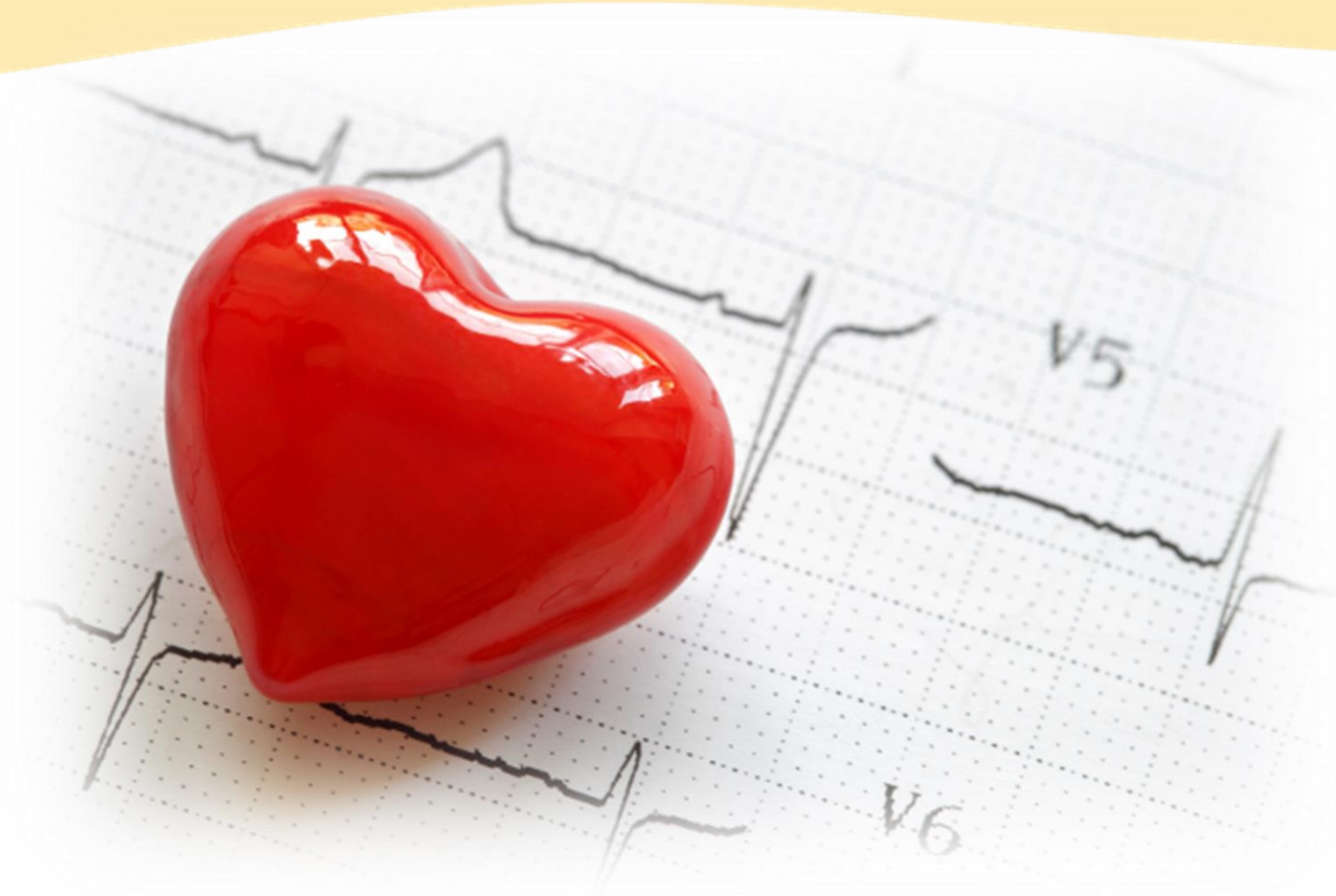
**Atrial fibrillation can  
cause blood clots**

**Blood clots can  
travel to the brain  
and cause a stroke**

**Rivaroxaban  
stops most strokes  
caused by atrial  
fibrillation**



**Most people will take Rivaroxaban  
for the rest of their lives**





**Your GP will do a  
blood test a few  
times a year**

**This is less often  
than with Warfarin**





Take  
Rivaroxaban  
**ONCE** a day  
Never miss tablets



You must take  
**Rivaroxaban with  
food**



When will you take **your** Rivaroxaban?

**Rivaroxaban is short  
lived in the body**

**Do not miss  
any tablets**





**Rivaroxaban  
makes it take  
longer to stop  
bleeding**

**If you notice any bleeding  
when you use the toilet or if  
your poo looks black (tarry)  
tell your doctor the same day**

**If you have lots of bleeding  
seek immediate medical help**

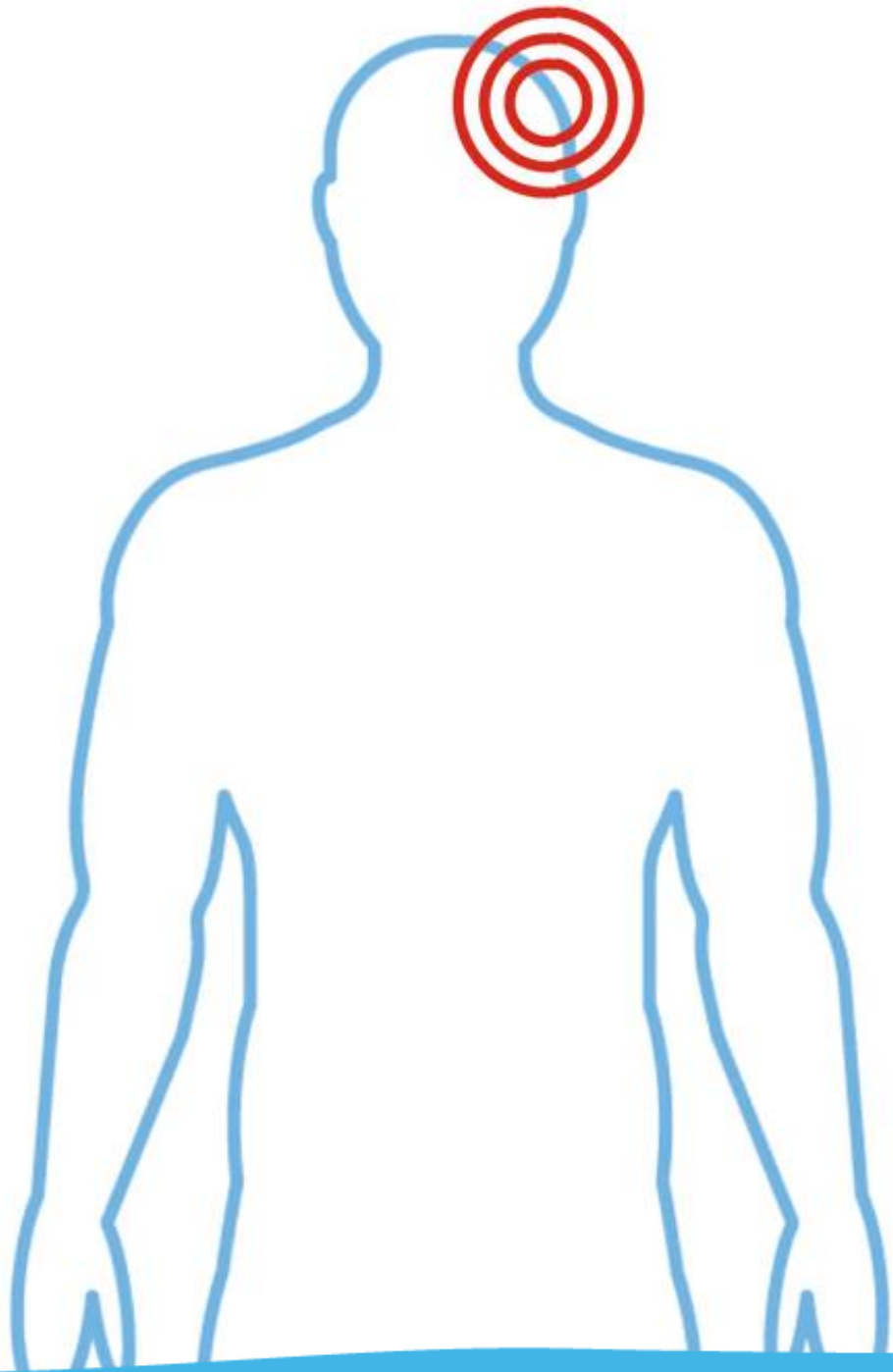




If you are bleeding  
badly and it doesn't  
stop, seek immediate  
medical help

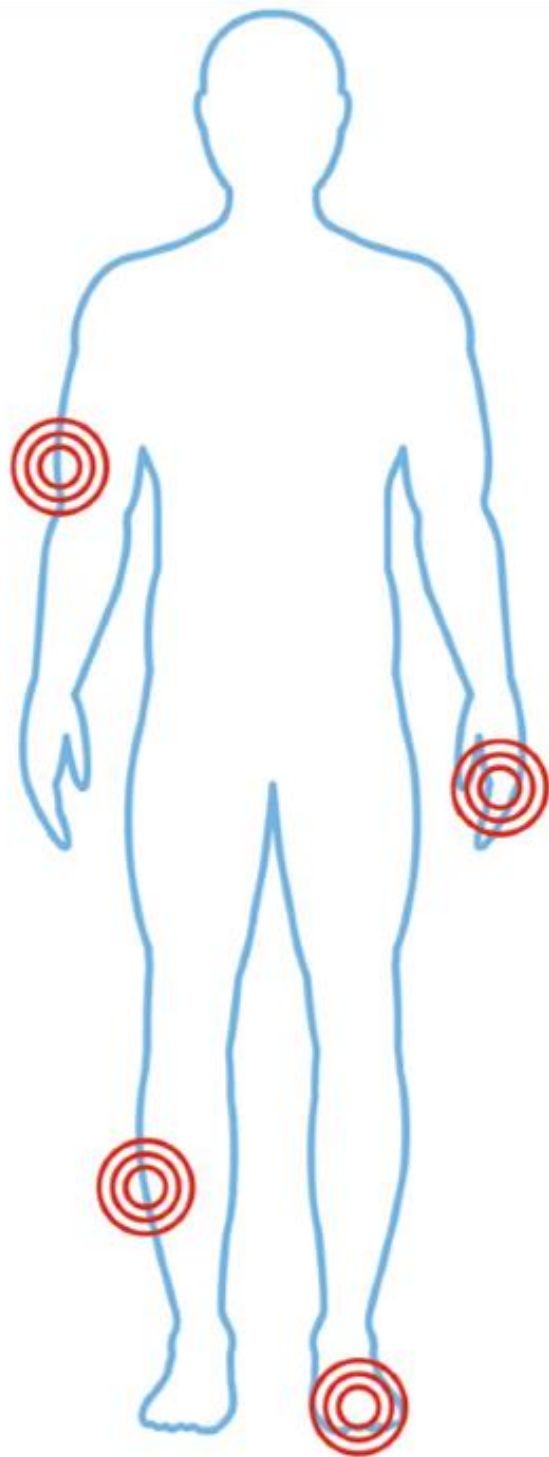
Explain that you are  
taking Rivaroxaban





**If you hit your head  
badly seek immediate  
medical help so that  
you can be checked  
for internal bleeding  
Explain that you are  
taking Rivaroxaban**





**If you hit any part of your body badly, seek immediate medical help so that you can be checked for internal bleeding**

**Explain that you are taking Rivaroxaban**

# Always keep your anticoagulant alert card with you

Anticoagulant Alert Card	
<b>This patient is taking anticoagulant therapy</b> This card should be carried at all times and shown to healthcare professionals.	
Name of patient:	
Address:	
Postcode:	Telephone:
Name of next of kin:	
Hospital number:	NHS Number:

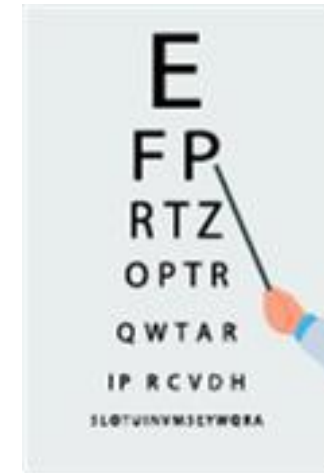


All foods are okay

Do not drink lots of  
alcohol – stay within  
the recommended  
limits



# Tell people – Doctor, Nurse, Pharmacist, Dentist that you are taking Rivaroxaban



Ask your Doctor about any new medicines, including over the counter medicines, vitamins and herbal remedies.

Paracetamol is OK.



+



=



# Acknowledgements

Based on original content by:

- Satinder Bhandal , Consultant Pharmacist Anticoagulation, Buckinghamshire Healthcare NHS Trust
- Katrina Clarkson, Principal Speech and Language Therapist, Regional Hyperacute Rehabilitation Unit, Northwick Park Hospital
- Nina Barnett Consultant Pharmacist, Older People, Medicines Use and Safety Division, NHS Specialist Pharmacy Service and London North West Healthcare NHS Trust

