

Making Connections in the Community – A Case Study

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FRIMLEY & WEXHAM PARK HOSPITALS
Maternity & Neonatal Voices
Working in partnership to improve maternity & neonatal services



**Health
Innovation**
Oxford & Thames Valley

CAFE

Mama



breastfeeding
support
available

Monday 18th Mar
9.30 to 11.30am

Open
discussion

**Support & well-being group for
mums in Slough**

Enjoy a chat with other mums

Free
refreshments

Dedicated baby area
Separate toddler area with
toys/activities

Drop in
anytime

Everyone Welcome

 @cafemamaslough  @cafemamaslough
 cafe.mama.slough@outlook.com

Jamia Masjid & Islamic Centre, 83 Stoke Poges Lane, Slough, SL1 3NY - in the
Annexe (access from the car park - entrances on Elliman Avenue & Potsmouth
Court)

 @JMICSlough

 @sloughmasjid

 @JMICSlough



MNVP Co-Produced Projects

Breastfeeding Peer Support

Developing a Frimley Trust Breastfeeding Peer Support Team

- Made up of local women, who are experienced breastfeeders
- Trained by the ABM
- Offering help, support and signposting on postnatal wards and Maternity Hubs





Frimley Local Maternity and Neonatal System Perinatal Equity and Equality

5 Year Plan



Frimley Health and Care



FRIMLEY & WEXHAM PARK HOSPITALS

Maternity Voices

Working in partnership to improve maternity services



Frimley Health
NHS Foundation Trust

We want to hear your truth

How did you feel?
What were your experiences?
What can we learn to do better for the future?



We want to hear from women of Black, Asian, and Ethnic Minority backgrounds about their experiences of maternity care. This is so we can make **improvements to our future services.**

If you have had a baby at **Frimley Park or Wexham Park hospital** in the last year or if you are currently pregnant, then we would love you to attend a listening group of your choice.

Book using the QR code, email louise.harvey5@nhs.net or call 07493864881

- Mon 13/06 10am -12pm, Elliman Children's Centre, Slough
- Tues 21/06 12pm - 2pm , Chalvey Grove Children's Centre, Slough
- Tues 28/06 10am - 12pm, Farnborough Centre for Health,
- Wed 29/06 10am - 12pm, Wexham Road Children's Centre, Slough
- Mon 4/07 10am - 12pm, Princes Hall, Aldershot
- Wed 06/07 12pm - 2pm at Farnborough Centre for Health



We appreciate that your time is precious and value your feedback so we are offering a **£20 High Street voucher** to everyone who takes part.

MNVP Co-Produced Projects

Positive Birth Boxes

Make available in all birthing rooms props to create a calm, relaxed environment



- Fairy Lights
- LED candles
- Light projectors
- Positive birth affirmations
- Stress balls and acupressure combs
- Ideas cards for boosting natural oxytocin
- Ideas cards for positions to increase comfort and open the pelvis





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Your Opinion Matters!

Have you used the maternity services in the last 2 years?
Do you speak Urdu or Punjabi as your first language and
struggle to express yourself in English?

Frimley & Wexham MNVP are holding a listening group just for you!

When: Friday 2nd February, 2024

Time: 10am

Where: Chalvey Grove Childrens Centre, SL1 2TE

We want to hear **your** experiences of maternity care during
pregnancy, birth and after:

What was good?

What wasn't good?

How could we make it better?

Refreshments will be available and a voucher to thank you for your time
and participation. Babies and toddlers are welcome too.

Please email Chair@WexhamMVP.org.uk for more information or if you are
unable to attend but would still like to give your feedback



ویکسم پارک ہسپتال فرملی اور
بچہ پیدا کرنے والی سروس اور نوزادہ آوازیں۔
باہمی اشتراک سے نوزادہ اور بچہ پیدا کرنے والی سروس کو بہتر کرنا

آپ کی رائے اہم ہے
کیا آپ نے پچلے دو سالوں بچہ پیدا کرنے والی سروس
استعمال کی ہے؟
کیا آپ اردو یا پنجابی کو اپنی پہلی زبان سمجھتے ہیں اور انگریزی میں آپ کو
دشواری کا سامنا ہے؟

فرملی اور ویکسم پارک ہسپتال
بچہ پیدا کرنے والی سروس اور نوزادہ آوازیں

آپ کے لیے سننے والے گروپ کا انعقاد کر رہے ہیں
جب: جمعہ 2 فروری 2024
وقت: صبح 10 بجھے
کہاں: SL12TE چہلوی گروہ چلڈرن سنٹر

آپ ہمیں اپنی رائے سے آگاہ کری
کے حمل کے دوران اور پیدائش کے دوران اور بعد -
کیا آچھا تھا؟ اور کیا آچھا نہیں تھا؟ اور ہم اسے کس طرح بہتر بنا سکتے ہیں؟

آپ کے وقت اور شرکت کے لیے آپ کا شکریہ ادا کرنے کے لیے ریفرشمنٹ اور واوچر
دستیاب ہونگے۔ بچوں اور چھوٹے بچوں کا بھی خیر مقدم ہے براۓ کرم مزید معلومات
یا اگر آپ شرکت کرنے Chair@WexhamMVP.org.uk کے لیے اس پر ای میل کریں
سے قاصر ہیں لیکن پھر بھی اپنی رائے سے آگاہ کریں

Making connections in the community:

- Time
- Commitment
- Serendipity

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Thank you for listening!