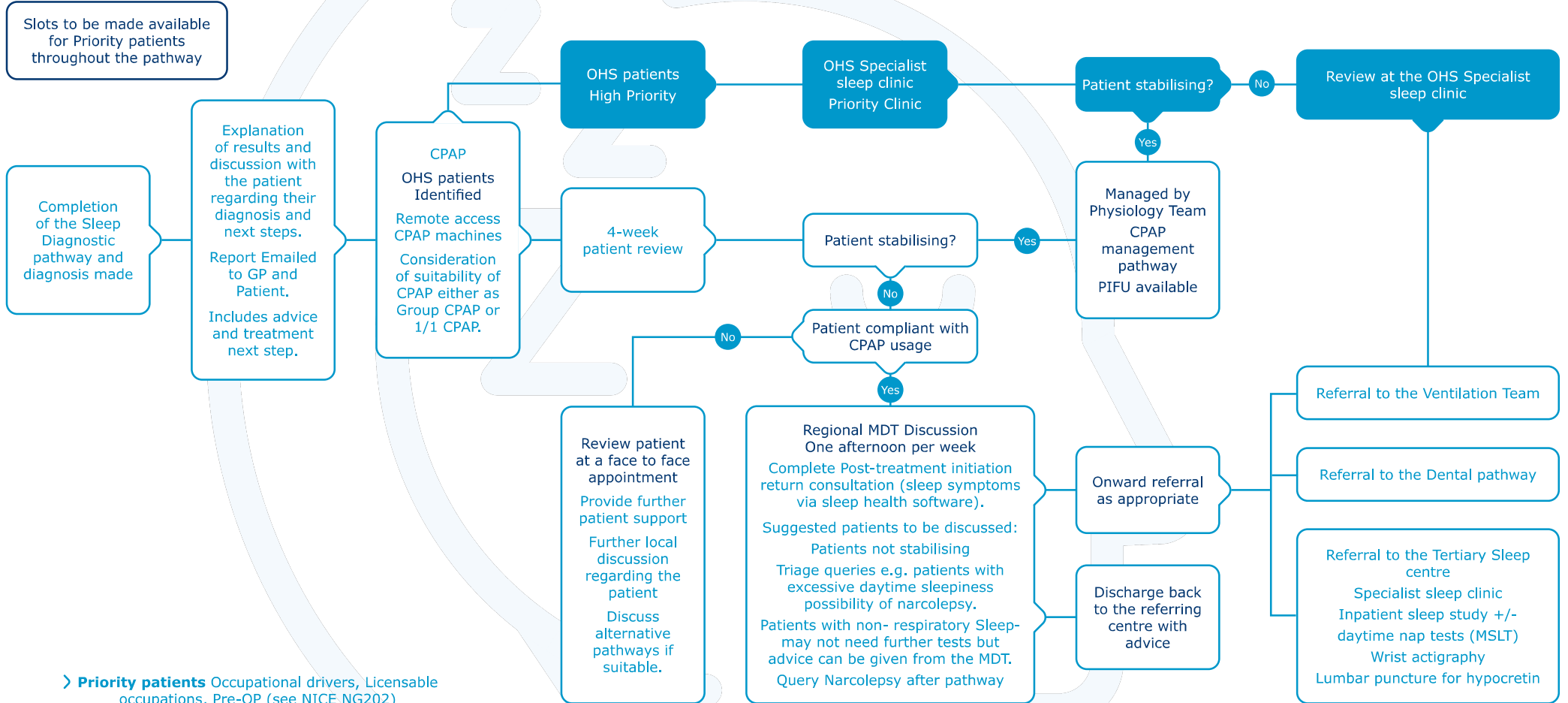


# Sleep Treatment Pathway



Slots to be made available for Priority patients throughout the pathway

Completion of the Sleep Diagnostic pathway and diagnosis made

Explanation of results and discussion with the patient regarding their diagnosis and next steps.  
Report Emailed to GP and Patient.  
Includes advice and treatment next step.

CPAP OHS patients Identified  
Remote access CPAP machines  
Consideration of suitability of CPAP either as Group CPAP or 1/1 CPAP.

OHS patients High Priority

OHS Specialist sleep clinic Priority Clinic

4-week patient review

Patient stabilising?

Patient stabilising?

Review at the OHS Specialist sleep clinic

Managed by Physiology Team  
CPAP management pathway  
PIFU available

Patient compliant with CPAP usage

Review patient at a face to face appointment  
Provide further patient support  
Further local discussion regarding the patient  
Discuss alternative pathways if suitable.

Regional MDT Discussion  
One afternoon per week  
Complete Post-treatment initiation return consultation (sleep symptoms via sleep health software).  
Suggested patients to be discussed:  
Patients not stabilising  
Triage queries e.g. patients with excessive daytime sleepiness possibility of narcolepsy.  
Patients with non-respiratory Sleep may not need further tests but advice can be given from the MDT.  
Query Narcolepsy after pathway

Onward referral as appropriate

Discharge back to the referring centre with advice

Referral to the Ventilation Team

Referral to the Dental pathway

Referral to the Tertiary Sleep centre  
Specialist sleep clinic  
Inpatient sleep study +/- daytime nap tests (MSLT)  
Wrist actigraphy  
Lumbar puncture for hypocretin